

# Pulse



**HOCKING VALLEY  
COMMUNITY HOSPITAL**

## CALENDAR OF EVENTS

### August

World Breastfeeding Week, August 1-7

2nd Shift Birthday Lunch, 5:00 pm to 7:00 pm., August 7

3rd Shift Birthday Lunch, 2:00 am to 3:00 am, August 22

Senior Center Health Talk, Tuesday, August 26, 9:30 am to 10:00 am.

### September

Hocking County Fair; September 8-13.

Uniform Sale, Sept. 16, Front Lobby, 7:00 am to 5:00 pm.

Healthcare Environmental Services & Housekeeping Week, Sept. 7-13

#### HVCH COMMUNITY RELATIONS

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## HVCH Foundation 23rd Annual Golf Tournament and Auction, Success!



HVCH Director of Registration, Julie Grow, talks Bryan Brown into playing one of the skill games on hole # 17.

Kathy Krumlauf, HVCH Director of Community Relations stated, "On behalf of the HVCH Foundation I would like to thank everyone who helped make this year's auction and tournament a success! It is an exciting event with many sponsors that give from \$50 to \$1,500. The HVCH employees donated a record \$2,100 this year through sponsorships, and several employees purchased Ball Drop Tickets and/or Raffle

Tickets. We are grateful for all the support of our employees and physicians. Beth Hoke and Josh Clark kept the beverages and ice stocked all afternoon, in the very hot sun. We had 196 golfers that enjoyed a fantastic day, and many volunteers that gave of their time. We are also appreciative to everyone who donated to the auction and all those who made our auction special by purchasing those contributions."

Through 2007, the Tournament and Auction has raised \$929,794. Dave Derr, Treasurer, is still tabulating the results for this year's event. The Foundation uses the funds from this and other projects to enhance patient care, by purchasing medical equipment. Plans are currently underway for the 2009 Auction and Golf Tournament, which will take place, July 17th and 18th.



Tammy Sammons and Shauna Glenn were volunteers on hole # 4 in the morning.

**Diabetes Self-Management Program**

A new service that began this year is ENCORE. This is a follow up class for patients who have already completed initial training. Medicare allows 2 hours of follow up each year, and some other insurances do as well. ENCORE is an interactive group session from 9-12 noon. Updates on medication and nutrition are presented in a fun, upbeat setting. We also allow time for healthy snacks! Call 8242 or 8250 for the next available class time.

**Raffle Winners**

The winners of the raffle items from the HVCH Foundation Golf Tournament are as follows:

- Brass Ring One-Year Membership...**Curt Allison
- Pizza Crossing, One pizza a month for one year.....**Barry Miller
- Glenlaurel Inn, One Night Escape for 2, in a Suite.....**Kim Long
- Sharff's Fashions, \$100 Gift Certificate.....**Lee Howdyshell
- 98.3 The Bull, 4 Cincinnati Reds Tickets.....**Joyce Pinson
- Hawk's Nest, \$100 Gift Certificate.....**Jan Bell

**Welcome New Employees**

Katrina Abram, Radiology Technologist, Radiology - Ashley Nickels, Radiology Technologist, Radiology - Joseph Manual, Respiratory Therapist, Cardiopulmonary - Penny Williams, R.N., Birth Center - Debbie Davis, Pharmacy Technician, Pharmacy - Micah Lusher, Respiratory Therapist, Cardiopulmonary

**HVCH EVENTS**

**Employee Wellness Activities**

The Pavement Pounders walking club has 65 members. Challenges 1 & 2 have been completed and those who participated received water bottles and sunvisors. Next walking club activity: The Fall kickoff scavenger hunt starts September 3, 2008. Enjoy a fruit bar to kick-off the hunt and many fun prizes along the way! If you are not currently a member of the HVCH walking club (The Pavement Pounders) but would like to join, contact Danielle Arnett 8298.

The Fall Employee Wellness Fair is scheduled for October 22nd. Theme: Tailgate party.

Some things to look forward to:

- Employee Cookbooks
- Dr. Still & Skin analysis
- Chair massage!
- Beauticontrol by Debbie Klinger
- Representatives from: Curves, Contours, and North Fitness
- Representatives from local banks (financial wellness)
- Representatives from Tri-County Mental Health (mental/emotional well-being, stress information, etc.)
- Great prizes, great food
- Much More!

If you have not participated in a health assessment or would just like information on creating a wellness plan for you... it's never too late! Contact Employee Wellness Coordinator at 8298 (Danielle Arnett)

The Healthy Lifestyle committee is looking for employee health education topics. So far, we have offered: "Stress and You," "Nutrition on-the-go" and "Healthy back." These are great ways to help you in your journey to wellness and we want to know what topics you would like to learn more about. Please send your suggestions to Danielle Arnett or call 8298.

**Dr. T.C. Hobbs and Associates is Corporate Sponsor**

We would like to thank Dr. T. C. Hobbs and Associates, for once again donating \$1,500 to the HVCH Foundation Golf Tournament and Auction.

LeeAnn Lucas-Helber; HVCH President and Dr. Roger Ruben; Chief Radiologist, HVCH, representing T.C. Hobbs and Assoc.



HAPPY BIRTHDAY

Jessica Brown	August 01
Donna Webb	August 01
Amy Hammond	August 02
Amanda Davis	August 02
Brenda Lehman	August 03
Lindsey Cospier	August 06
Kathryn Bookman	August 07
Julie Richards	August 08
Ashley Bookman	August 08
Bonnie Herring	August 09
Phyllis Guisinger	August 10
Stephanie Heck	August 11
Trina Witham	August 11
Mabel Rooker	August 11
Nikki McKinley	August 11
Nancy Bond	August 12
Mary Conkey	August 12
Lorie Downour	August 12
Robert Sigler	August 12
Amber Thompson	August 12
Gloria Gainer	August 14
Luke Kline	August 14
Ruth Roberts	August 14
James Dishong	August 18
Jeff Doty	August 18
Barb Stoneburner	August 18
Sharon Williams	August 18
Don Russell	August 20
Regina Amnah	August 21
Julia Brady	August 21
Jenny Kindinger	August 21
Jennifer Rush	August 21
Ressa Hutchison	August 22
Katy Nixon	August 22
Traci Powell	August 24
Janelle Wallace	August 25
Debbie Dorris	August 26
Alison Herges	August 27
George Neeld	August 27
Cathy McClain	August 30
Heather Johnson	August 31
Carolyn Schein	August 31

HVCH NEWS

July Birthday Celebrations



L-R, Brenda Frasure, LeeAnn Lucas-Helber, Wayne Johnson, April Starner, Adrienne Nihiser, Wanda Gardner and Mary Chorniak.

Save Money-Carpool!

The Human Resources Dept. is trying to see if there is an interest in carpooling, among employees with like schedules and locations.

Anyone who is interested, can pick up a form in HR and complete the information. The HR team will see if there are any matches and put employees in touch with one another so they can work out the arrangements.

Inspection Updates

The Ohio Department of Health recently arrived for SNF's annual inspection. They passed, and thanks to SNF employees and all supporting departments for all their hard work. The Blood Bank also received an inspection by the AABB, and they passed with no citations. Great Job!

Volunteers Needed

The Materials Mgmt. and Patient Registration areas are in need of additional volunteers. A courier is needed for Materials Mgmt. 1-2 days per week. The candidate must be able to walk comfortably throughout the hospital and lift up to 20 lbs. The registration area is in need of someone who enjoys working with the public, is reliable, and professional. There are morning and afternoon shifts available. Contact Kathy Krumlauf, Director of Volunteer Services at 380-8110.

ED/Urgent Care Staff Donate to Auction

A very nice item donated to the Foundation Auction was a Deluxe First Aid Kit & a \$65 gift certificate to the Brass Ring. Thanks ED & Urgent Care staff for your support and creativity.

Auxiliary Book Sale



Becky McCarty is having fun shopping for children's books at the recent fundraiser.

QUOTE OF THE MONTH

Keep your face to the sunshine and you cannot see the shadows.

Helen Keller

**Bulstrom Wins Helicopter Golf Ball Drop**



Dave Derr, Golf Committee Treasurer and Kathy Krumlauf, present a \$1,000 check to Jennifer Bulstrom.

Jennifer Bulstrom, a Mental Health Technician in the Summit, was the winner of the Helicopter Ball Drop. Her winning number was 260. Ball Drop ticket sales accounted for more than \$4,100. The HVCH Foundation would like to thank everyone who purchased tickets.

PHYSICIAN OF THE MONTH



*Spotlighted Physician of the month is Dr. Byron Smith. Dr. Smith is a Pathologist, and he is with Adena Regional Medical Center in Chillicothe.*

Dr. Smith is originally from Fort Wayne, Indiana and attended medical school at Indiana University in Indianapolis.

His first job was as a Lab Director at Bedford Hospital in Bedford, Indiana.

Dr. Smith has been with HVCH for 25 years.

He has been married for 37 years and has one son and one grandson.

Dr. Smith and his wife are the proud owners of two Rhodesian Ridgeback dogs.

Dr. Smith loves seafood and fine wine.

In his spare time, he enjoys woodworking, golf, and housing construction and development.

This bio information is provided by the physician satisfaction committee.

**SNF Hosts 2nd Annual "Cruise-In"**



From left; Dave Blair, Celia Blair, Charlotte and Melissa Blair pose with Ruby Blair (holding Snoopy), in front of their 1951 Ford.

Skilled Nursing residents, their families and friends, and HVCH employees enjoyed the 2nd Annual Cruise-In, held recently in the CIC parking lot.

Roger Hedges provided nostalgic music from the 50's and 60's.

HVCH Nutrition and Food Services provided hamburgers, hot dogs, and old fashioned root beer floats.

The "Best of Show" winners were judged by the SNF residents, and included; Larry Allberry, a 1971 Malibu, David Blair, a 1951 Ford; Gary and Jenny Daubenmire, a Maverick, King Kelly, a 1927 Model T, and Tom Hutchison, a 1963 Chevy Impala.



A SNF resident enjoys viewing the line up of classic cars.



"Congratulations to our "Best of Show" winners.

Many of the car owners participated thanks to the recruiting efforts of Tex Willison. As always, HVCH staff and volunteers donated their time and talent to make this event successful.