

# Pulse



**HOCKING VALLEY  
COMMUNITY HOSPITAL**

## CALENDAR OF EVENTS

### March

TWIG I Chinese Auction, Friday, March 27, Fairgrounds Youth Bldg., Doors open at 5:00 pm, Drawing at 7:00 pm

Book Sale, Tuesday March 10, HVCH Front Lobby, 7:00 am to 3:30 pm

Mother's Day Plant Sale, Now thru March 13 (for payroll deduction orders up to 3 pays) or now thru April 22nd for prepaid orders. Pick up May 2, Fairground Shelter House, 10:00 am to 11:00 am.

TWIG VI Easter Honeybaked Ham Sale, Call 380-8110 for information.

### April

TWIG II Square Dance, April 4th, 8:00 pm to 11:00 pm, Gibsonville Rec Center

TWIG II Good Friday Bake Sale, Front Lobby, April 10th, 7:30 am  
Occupational Health Week, April 13-17

5K Run/Walk, Hospice of Hocking Co., Sun. April 26th, Register at 1:00, Race begins at 2:00, . For more information contact Missy Poling at 8246.

#### HVCH COMMUNITY RELATIONS

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## February Reward and Recognition



Sharon Conner accepted a certificate, on behalf of the Nutrition Dept from Bob Schmidt. The Dept. was honored on behalf of the residents of SNF for providing them with family style meals on cloth tablecloths, and making them feel very special.

LeeAnn Helber presented the Plant Operations Dept. an award for their quick response to work order requests. LeeAnn also complimented the team for clearing ice and snow rapidly, especially during the winter storms.



LeeAnn Helber praised Chase Wartenbe for assisting in a crisis to make sure that all the patients that needed them, had foot pumps for circulation improvement.



Julie Stuck recognized Kaye St. Clair for encouraging a reluctant Occ Health patient to go to the ED. Julie acknowledged that Kaye may have helped save the man's life.



LeeAnn Helber shared that Med Surg had great praise for Eric Gallagan. Eric was commended for his quick response and positive attitude in meeting supply needs. Others receiving awards but unable to be present: Dawna Evans. Bob Schmidt shared that a HVCH employee called from a local pharmacy confused over pre-



scription medications. Dawna not only assisted the employee in understanding the order, but was able to help the employee save money by filling the prescription at our Pharmacy.

**See Reward and Recognition Continued on page 3.**

**SNF Update**

The SNF library is looking for some books and magazines. Books with pictures are best. Call Bob at 8251, if you can donate.

A big thanks to Sharon Conner and the Nutrition Dept. for the special homemade soups on cold days.

Residents and staff recently participated in hat day. The residents wore hats that they made themselves. Judges for the event were LeeAnn Helber, Julie Stuck, and Alison Monroe. Following the hat day festivities, residents and visitors enjoyed a pizza party.



**Mother's Day Plant Sale Payroll Deduction Available**

TWIG II is now taking orders for the Mother's Day Plant Sale. There are many popular flower varieties available.

Flats and hanging baskets are \$11.00, Terra Cotta planters are \$10.00 and \$16.00. Order forms are available in the Patio Shoppe. For questions, call the Community Relations Dept. at 380-8110. Prepaid orders may be left in the Patio Shoppe, or sent to the Community Relations Dept.

Deadline for payroll deduction orders is March 13, other orders, April 22nd.

**HVCH EVENTS**

**What Do You Think About.....Spring!  
(It Arrives March 20th)**

- 1.) Kaye and I are going to clean out our storeroom to make it more user friendly.
- 2.) Enjoy family and friends in West Virginia.
- 3.) Eager to feel the warm sun on my face again and see the bulbs I planted last fall, peek out of the ground in full bloom.

.....**Diane Kilbarger**

*My family and friends are going to Kalahari Indoor Water Park, in Sandusky, for a 2 night, 3 day stay.....***Heather Johnson**

*Spring rains and rising temperatures bring on a flourish of long awaited activities. Morel mushroom hunting is #1 on my list, followed closely by chasing waterfalls all over Clearcreek and the Hocking Hills territories. Can't wait to pump up the old bike tires either. Travel plans: to spend a few days in the Blue Ridge mountains back packing and looking up some old friends and neighbors. It's all good! .....***Cheryl Sampson**

*I plan on watching my kids play soccer, cleaning up the yard from our wonderful winter storms and wind. I also plan on repairing the kid's swing set that the wind storm overturned.....***Jim Cottrill**

*My plan this year is to watch the flowers grow and to keep an eye on the birds. Some of the flowers are breaking through the ground now! The hummingbirds (my favorite) usually come to my house about April 23. That's when I'm sure it's spring! What a great time of year. Everything comes to life again. ....***Joyce Schultheiss**

*I plan to go outside and enjoy the warm sunshine as much as possible. I'm sure that Silas, Ian, and Cohen, our grandsons, will enjoy taking walks to the creek and playing outside so I'll be enjoying them and having fun with them. ....***Cheryl Gallagan**

**Laboratory News**

The Lab has added two rapid screen tests in-house, to meet our HVCH Physician needs. These rapid urinary antigen tests allow for quick onset of appropriate treatment, decrease hospital stay, and decreased mortality.

**Expect Joint Commission**

We are expecting two Joint Commission surveys in 2009, Hospital and LAB. These surveys can happen at any time and will be unannounced. Be prepared!

**Hawaii Day in SNF**



Kelly Schein and the other SNF employees enjoyed the Hawaiian Day festivities.

SNF recently had a fun Hawaiian Day event for the residents and patients. The Nutrition Dept. prepared a wonderful island feast.

**Welcome New Employee**

Tammy Acord, Associate, Environmental Services.

**Employee Birthdays**

Happy Birthday to March employees and volunteers. The birthday listings are now conveniently posted on the first day of each month, on the board outside the HR Dept.

**Dr. Anzalone & Staff Move to Historic Location**



Left to Right, Paula Kennard, Billing, Office Mgr., Alicia Coffill, MA, Erin Ribo, Certified Nurse Practitioner, Dr. Scott Anzalone, Family Practice, Genesee Batina, CMA, Lisa Kieffer, Filing Clerk, and Kelsey Yates, CMA.

Dr. Anzalone and his staff are enjoying their new historic location, which is beautifully decorated and features several antique furniture pieces. Dr. Anzalone also shared that besides a Certified Nurse Practitioner, he has also added Massage Therapist, Lorie Downhour, to his staff.

The Stagecoach Inn was built in 1867 by Captain William Bowen (Civil War) and purchased by Col. Rempel in 1880. Rempel was an early industrialist and operated a stagecoach line that ran from Columbus to Pomeroy.

**HVCH NEWS**

**R & R Continued**

Several HVCH RN's recently attended training on safely administering Chemotherapy drugs . Julie Stuck recognized the group, which included; Emily Martin, Amy Markin, Mary Chorniak, Tina Brandt, Natasha Colley, Holly Gompf and Angela Schetter.

Julie also shared that two employees recently received their RN degrees. Congratulations to Amanda West and Jeff Hovatter.

Tracey Powell, BSN, is very close to completing her Master's degree at OU to become a Certified Nurse Practitioner. One assignment was to prepare a presentation to HVCH staff on DNR and DNR-CC. Julie shared that the information presented was very enlightening.

LeeAnn commended the Weather Warriors and thanked all who jumped in and did whatever was needed to care for patients and other employees, during the recent weather emergency. LeeAnn recognized Stacey Gabriel for doing a great job as Incident Commander during the emergency.

Deb Wagoner, Christianne Church, and Jana Lehman were the winners of the accountability puzzle and won gift baskets. Kaye St. Clair won the drawing for the "Free Lunch for a Month".

**Auxiliary Quarterly Meeting**



Tammy Turner, right, Foundation Sec/Treasurer, presents a \$20,000 check to Norma Geiger, Auxiliary President.

The HVCH Auxiliary recently held their Quarterly Meeting. The HVCH Foundation presented a check to the Auxiliary for \$20,000 for their assistance at the 2008 Auction & Golf Tournament. 2008 TWIG officers presented Kathy Krumlauf with their contributions to the hospital from fund-raising events they sponsored throughout 2008. TWIG I Vice President, Mimi Hammer, presented a check for \$4,300, TWIG II President, Jan Bell, presented a check for \$9,000, and TWIG VI President, Christy Keynes, presented a check for \$7,500. Auxiliary officers for 2009 are Norma Geiger - President, Vera Gable - Vice President, Kathy Stiverson, Secretary and Mimi Hammer, Treasurer.



Left to Right, Norma Geiger, Auxiliary President, Jan Bell, TWIG II President, Kathy Krumlauf, Director, Community Relations, Christy Keynes, TWIG VI President and Mimi Hammer, TWIG I Vice President.

**QUOTE OF THE MONTH**

*Kites rise highest against the wind-not with it.*  
Winston Churchill

Have you seen.....



**“Fireproof”**

**Reviewed by Bob Schmidt**

*“Fireproof”, recently released on DVD, is the story of a firefighter who is a true hero, everywhere except his home. The story is a mix of humor, tension and truth that will help anyone see how they can improve and “fireproof” their relationships.*

*The movie has strong spiritual themes and most of the actors are volunteers. The acting and production quality are very good given the limited budget.,*

*It is the third film produced by the same organization that made the film, “Facing the Giants”.*

Have You Read.....



**The Kite Runner**  
**by Khaled Hosseini**

**Reviewed by Denise Kiamy**

*The Kite Runner tells the story of Amir, a well to do boy from Afghanistan who is tormented by the guilt of abandoning his best friend, Hassan, the son of his father’s servant. The story is set against a backdrop of turbulent events, from the fall of the monarchy in Afghanistan, through the Soviet invasion, the mass exodus of refugees to Pakistan and the United States, and the rise of the Taliban regime.*

*Amir is the narrator of the story. It is his journey to redemption that is the premise of this tale. His success is one to emulate because he finds a way to do the right thing. The history lesson and plot structure make this book one you do not want to put down.*

PHYSICIAN OF THE MONTH



**Spotlighted Physician of the month is Elaine Beed M.D. Dr. Beed is a Board Certified Medical Oncologist and sees patients at the Medical Arts Building. Phone 380-8140**

Dr. Beed attended Northwestern Medical School and completed her residency at the University of Missouri. Her fellowship in Oncology was completed at OSU (now known as The James).

Dr. Beed’s first job in Columbus was at Grant Hospital. She flew on a helicopter all over Ohio to do oncology consults. Riverside Hospital heard of her work and asked her if she wanted to practice in Logan. She fell in love with our city and the people and stopped visiting all the other hospitals.

Dr. Beed, and her husband Ron, have three children. Nichole is 25, recently married, and works for a publishing house in Columbus. Daughter, Natalie, is 22, and she is a Senior at OSU. She will start law school next year. Son, Jay, is 19, and he is a sophomore at OSU.

The family also has two pets. Buckeye is a Siberian Husky and Hannibal is a cockatiel.

Dr. Beed loves to play tennis, cook for a lot of people, attend OSU games and travel anywhere and everywhere with her family.

Her favorite TV show is “Without a Trace”, because it has an element of forensic medicine that is very realistic, and shows the goodness of people. Her favorite movie is the original and the remake of “The Thomas Crown Affair”.

Dr. Beed’s favorite food is Pizza Crossing’s double cheese pizza with an extra crispy, thin, crust. She stated that it reminds her of the first pizza she ever tasted, while growing up in Chicago.

When asked what people might be surprised to know about her, Dr. Beed shared that if she had not become a physician, she would have liked to have been an actress.

She also shared that she is rewarded to see patients go from an initial diagnosis of cancer to a treatment plan that leads to cures, more and more often. “When I first started, there were 7 drugs to treat cancer, and now, there are hundreds, as well as many other drugs to reduce the side effects.” stated Dr. Beed.

**Studer Rural Coach**



Danny Green, HVCH Rural Coach from Studer Group, chats with LeeAnn Helber. Danny spoke to the Directors, Managers and Supervisors group and the Navigation team leaders. He also spent time rounding with leaders throughout the hospital.