

Pulse



“Health Care Worker of the Year” Nominees



CALENDAR OF EVENTS

April

Twig II Square Dance, April 4th, 8:00 pm to 11:00 pm, Gibisonville Rec Center, \$3.00 per person.

Mother's Day Plant Sale, Now thru April 10 (for payroll deduction orders up to 1 pay) or now thru April 22nd for prepaid orders. Pick up May 2, Fairground Shelter House, 10:00 am to 11:00 am.

National Volunteer Week, April 19-25

Twig II Good Friday Bake Sale, Front Lobby, April 10th, 7:30 am

Honey Baked Ham pick up, Front Lobby, April 10, 3:30 pm to 5:00 pm

Occupational Health Week, April 13-17

Reward & Recognition, April 14, 2:00 pm, Cafeteria

Administrative Professionals Day, April 22

Community Health Check, Scenic Hills Senior Center, April 21, 9:00 am to 12:00

HVCH COMMUNITY RELATIONS

Kathy Krumlauf
 Director of Community Relations
 PH740-380-8336 | FX 740-380-3143
 P.O. Box 966 601 SR 664 North
 Logan, Ohio 43138

News Editor: Shannon Seesholtz
 Managing Editor: Kathy Krumlauf



Sharon Conner, Supervisor, Nutrition Dept. Sharon Conner has been with HVCH for 28 years. She is described as being courteous, respectful, and great with food. Under her leadership, the Nutrition and Food Services Dept. likes to “step outside the box” and prepare creative meals for SNF, BHU and special events.



Jim Dishong, Unit Coordinator, BHU. Jim has been an HVCH employee/associate for 12 years. Jim is described as being knowledgeable, accountable, flexible, a true team player and representative of the culture at HVCH. Jim is a good role model because he is consistently professional and a wonderful advocate for patient's rights.



Linda Durst, Accounts Payable, Finance. Linda has been at HVCH for 29 years. A co-worker shares that Linda always has a smile on her face and a wonderful attitude. Linda has the challenging duties of managing the accounts payable and working with hundreds of vendors. She successfully manages all this pressure with great dignity and grace.



Cheryl Gallagan, Patio Shoppe Clerk, Cheryl has been with HVCH for 6 years. Cheryl greets everyone with a warm smile and welcomes anxious family members. Cheryl always comes up with new ideas for the Patio Shoppe and she continuously looks for ways to cut costs. Cheryl is always compassionate and willing to listen.



Chuck Moore, Chief Surgery Tech. Chuck has been at HVCH for 30 years. It is said that it is absolutely part of Chuck's nature to consistently perform well above standard. His co-workers share that he is highly competent, always helpful, works tirelessly without complaining and stays focused on the best outcomes for the patient.

The official voting ballot is included in the April 3 pay envelope. It is the only ballot you will receive. Voting deadline is May 1st.

Free Cycle Day

On Earth Day, April 22nd, Materials Management invites all departments to clean out any surplus office supplies and bring them to Materials Management for the Free Cycle Event. All returned supplies will be available for other departments to take for free. Unclaimed supplies will be stored for future requests. The goal is to reduce waste and save money for HVCH. We hope to have 100% department participation. Refreshments will be available, so stop by between 8:00 am to 4:00 pm. Please contact Chase Wartenbe at 8209 if you have any questions.

Hospice Annual Run/Walk

Hospice of Hocking County will host its 13th Annual 5K run/walk on Sunday, April 26, along scenic Lake Logan Rd. Rain or shine the Run/Walk will begin across from the "Park and Ride" located at Routes 33 & 180. Cost to pre-register by April 17th is \$20.00, while the cost to register the day of the event will be \$25.00. Registration begins at 1:00 pm with the Run/Walk starting at 2:00 pm. Contact Missy Poling for more details, at 8246.

Group Exercise Offered

Would you like to be involved in a group exercise class but can't come during the scheduled times? (Wednesdays at 4:00 pm & Thursdays at 6:30 pm and 7:30 pm.) Meeting rooms A & B may now be used for exercise sessions using the HVCH fit kits or DVD's. If interested call Chris Barrell (8330), for room availability and scheduling. Call Danielle at 8298 with questions.

HVCH EVENTS

Doctor's Day-March 30th, What Physician would you like to recognize and why?

I would like to recognize all physicians here at HVCH for a job well done. There is not any one physician that I would not recommend to family and friends.Shannon Walls, BHU

Wow, I'm only allowed to pick one! In order to be politically correct, I am not naming names. HVCH is full of great, hardworking, physicians. I really respect and appreciate the Hospitalists. Their job is not easy. Thanks to both of you!.....Shauna Glenn, Social Services

All of our great Urgent Care Doctors worked "above and beyond" their call of duty during the two months of "flu season". We all worked as a team, and it seems we survived! Thanks to all the doctors!.....Donna Tracy, Urgent Care

I would like to recognize Dr. Ireton. He is a great asset to our hospital. He listens to the patients, their families and the nursing staff and treats everyone with respect. He is easy to approach with concerns. He answers our questions, and he is always teaching and encouraging the nurses.Pam Conrad, Med-Surg

Help For Staying Healthy



Danielle Arnett, Employee Wellness Coordinator, presents Shawn and Maria North, owners of North Fitness Center, with HVCH logo jackets, welcoming them as our new wellness partners.



Julie Perry, co-owner/manager, and Holly Gompf, co-owner, will help you achieve your fitness goals.

There are several options for HVCH employees to get in shape this year. North Fitness Center, 380-1348, is moving to a new location, 4 E. Main St., across from the Courthouse. Some of the new features will include; a lounge area, Y-Fi, and added exercise equipment. HVCH employees can join for a special rate of \$24.00 per month, with the convenience of payroll deduction, that is \$11.08 per pay. Curves Fitness Center, 385-6656, located at 2 E. Main St. offers a 30 minute circuit workout that exercises every major muscle group through a program of strength training, cardio and stretching. HVCH employees can join the club for \$12.32 per pay. Danielle Arnett, Wellness Coordinator, can also show you how to get fit with a free walking program, on the HVCH campus. Pick up a map in the Cardio Dept. of the indoor or outdoor, one mile walking workout.

Social Services Month



Enjoying their favorite cappuccinos to celebrate Social Services Month are: L-R, Shauna Glenn, Utilization Review; Wanda Gardner, BHU Social Worker, Erin Daugherty, Social Worker, and Melissa Poling, Social Services Director.

Each year, the National Association of Social Workers honors social workers across the country with National Professional Social Work Month. This year's theme is Social Work: Purpose & Possibility. Social Workers are the nation's largest group of mental health service providers.

Doctor's Day Fun



L-R, Janelle Wallace, Dr. Ireton, Ward Murrey, Dr. Adams, Dr. Mast, Michelle Matheny, Dr. Tornwall, and Alison Monroe. Members of the Physician Satisfaction team not in photo are Tara Lutz and Jenny Kindinger.

March 30 has been set aside as Doctor's Day since 1958, when the US House of Representatives signed a resolution. Departments had banners all over the hospital and the HVCH Physician Satisfaction Team presented HVCH physicians with a Patio Shoppe cappuccino gift certificate, to show their appreciation.

HVCH NEWS

New Director of Occ Health



Kaye St. Clair, Occ Health Assistant, Jenny Kindinger, Director and Diane Kilbarger, RN.

Jenny Kindinger has been named Director of Occupational Health Services. Jenny is also HVCH Physician Recruiter and Practice Manager of the Hocking Valley Medical Group. "I look forward to working with Diane and Kaye, and its great that my office is conveniently located in the Occ Health Center.

Welcome New Employees

Susan Grueser, STNA, SNF
Cathy Brown, Pharmacist,
Pharmacy Dept. Amber Bagent,
STNA, Med-Surg, Stacie
Souders, Unit Secretary, Med-
Surg.

Employee Birthdays

Happy Birthday to April employees and volunteers. The birthday listings are now conveniently posted on the board outside the HR Dept.

Expect Joint Commission

We are expecting two Joint Commission surveys in 2009, Hospital and LAB. These surveys can happen at any time and will be unannounced. Be prepared!

Pharmacy Update

Welcome Cathy Brown, Pharmacist. Cathy will be helping to staff the Coumadin Clinic as well as the Pharmacy. Please welcome her when you see her.

Rehab Services Report

The Rehab Dept. is actively recruiting to hire a language pathologist for our outpatient speech clinic. Due to changes at the OU School of Hearing, Speech, and Language, their speech services for OP clinic ends coverage effective April 30, 2009.

Donna Bidlack, SLP, will be retiring at the end of April and moving to her condo in North Carolina. Sarah Taylor, SLP, will be assuming her in-house screening and modified barium swallow testing. We wish them both well.

SNF Update

Welcome new employees, Susan Grueser, STNA, part-time, 11:00 pm -7:00 am and Sherri Wintermute, STNA, part-time, 7:00 am -3:00 pm. Our loss is Med-Surg's gain. Theresa Dunaway will be leaving SNF for a full-time unit secretary position in Med Surg. She will be missed. Congratulations to Vicki Hicks for passing her LPN Boards.

**QUOTE
OF THE MONTH**

One man cannot hold another man down in the ditch without remaining down in the ditch with him.
Booker T. Washington

Have you seen.....
"Bolt"



Reviewed by Bryan Brown

Bolt-the superdog, an animated movie, features John Travolta as the voice of Bolt and Miley Cyrus as the voice of Penny. Bolt has spent his whole life on the set of a television show in which he has super powers. In each show Bolt and Penny stop the evil doings of Dr. Calico. One day Bolt mistakenly thinks that Penny has been kidnapped by the villains. In his attempt to save her, he knocks himself out and falls into a shipping box. When he wakes up, he has been airmailed to New York. After many adventures, Bolt makes it home. My seven year old daughter and I liked this movie a lot!

Have You Read.....



Protect and Defend by Vince Flynn

Reviewed by Chase Wartenbe

If you are looking for a romantic comedy, this book is not for you. If you seek action and adventure, then keep reading. Vince Flynn writes a series of books whose central character is Mitch Rapp. Rapp is the CIA's top counter-terrorism operative. After reading about him, you will be glad that he is on our side.

In this book, Rapp finds himself racing against time to save the Director of the CIA after she is kidnapped by Hezbollah terrorists in Iraq. This book will take you from Middle East hot spots all the way to the White House Situation Room. I give the book two thumbs up.

If you want to start from the beginning of the series, the first book is "Term Limits", which I highly recommend. You can learn more at www.vinceflynn.com.

PHYSICIAN OF THE MONTH

Spotlighted Physician of the month is Dr. Adams Dr. Adams is a Radiologist with TC Hobbs and Associates.



Dr. Adams' hometown is North Olmsted, Ohio. His first job was as a fry cook for "Granny's Fried Chicken". Dr. Adams attended medical school at the Chicago College of Osteopathic Medicine. Dr. Adams has been with HVCH since 1990. He and his wife Niki have three children, Andrew, Matthew and Amanda. The family shares their home with 3 dogs and 1 bird. Dr. Adams favorite TV shows are Dexter and the Soprano's. You might be surprised to learn that Dr. Adams has read all of the Harry Potter books.

This bio information is provided by the physician satisfaction committee.

Dr. Fanning Relocates



L-R Haylee Sprouse, LPN, Dr. Fanning and Charity Yeske, Receptionist.

Dr. Cathy Fanning and her staff have moved into their new location, at 751 St. Rt. 664N Ste. D, the former site of Dr. Anzalone's office. Dr. Fanning has been in practice for 20 years. The office phone number is 380-3940. She is also the Occupational Health Physician.

HVCH Wellness 5K Walk/Run Training Class

Get ready for the June 27, 5K Run/Walk, April 8th, 7:30 am-8:30 am, 12:00 pm-12:30 pm (bring your lunch), or 7:30 pm - 8:30 pm. Choose your session time and call 8298 to register. CIC Conference Room. All attendees will be entered into a drawing for a free pair of running shoes.

Volunteer of the Year Nominees



L-R, Nancy Johnson, Norma Geiger, Jean Mowrey, and Frances Price.

The voting deadline for the "Dolly Kleinsmidt Award" is April 3. The nominees are: Jean Mowrey-In-Service, Frances Price-TWIG I, Nancy Johnson-TWIG II, and Norma Geiger-TWIG VI. Drop your ballot in any direct line box, send through the courier to the Community Relations Office, or drop in the wooden box at the reception desk, or in the Patio Shoppe. The 2008 "Dolly" award winner will be announced at the Volunteer Dinner on Thursday, April 23rd. Remember National Healthcare Volunteer Week is April 19th-25th.