

Pulse



**HOCKING VALLEY
COMMUNITY HOSPITAL**

CALENDAR OF EVENTS

May

TWIG VI Rummage and Bake Sale, May 2,
8:00 AM-2:00 PM, Hocking Co. Fairgrounds

Mother's Day Plant Sale Pick Up, May 2nd,
10:00 am to 11:00 am, Fairgrounds

National Nurses Week, May 6-12

National Hospital Week, May 10-16

Handcrafted Jewelry Sale, May 7th, 7:00 am
to 4:00 pm, Front Lobby, Payroll Deductible

Kidpalooza, May 14, 10:00 AM - 2:00 PM,
I-Face Community Center

Employee Recognition Dinner, May 21,
"Health Care Worker of the Year" TBA

LDI, May 14th and 15th.

June

Reward and Recognition Celebration, June
9th, 9:30 am, Back of Cafeteria

5K Wellness Walk/Run, June 27th, Race
begins at 9:00 am, Hocking Co Fairgrounds
see inside story

HVCH COMMUNITY RELATIONS

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April Reward and Recognition Celebration



LeeAnn recognized Tarena Stretton & Jackie Myers for going on a mission trip to Florida, where they worked in a homeless shelter, they sang songs to the residents, and helped prepare, serve and deliver meals. Tarena then read a thank you letter she received from Julie Stuck.

LeeAnn shared with everyone a glimpse into Betsy's "Audit World." LeeAnn related that the auditors would be here from 8:00 am to 6:00 pm and leave Betsy with items to get ready for the next day. Betsy would get home around 9:00 p.m. only to come in the next morning and start all over again. The Audit firm sent LeeAnn a thank you letter, to say that Betsy is a true "gem."



Kathy recognized the nominees for the 2009 Dolly Kleinschmidt Award. Kathy is shown with, Jean Mowery, one of the nominees, and she shared that Jean had provided 26 years of service to HVCH, and that she was once the HVCH Red Cross Volunteer Coordinator.

Kathy also commended Bob & Thoma Wells for their passion for volunteering with the SNF residents. It was shared that they seek out bargains, and go to local businesses in search of items to make crafts with the appreciative residents. They also spend countless hours working and preparing craft projects, when not at the hospital.



Reward and Recognition continued on page 2

R & R Continued



Bob Schmidt commended Cart Switzer for a program he coordinated for

Cardio and SNF employees called "Decreasing Work Stress Through the Understanding of Personality Temperments."



Julie Stuck recognized Edith Merlino & Jolie Finnearty for their efforts in helping with

the care of a Spanish speaking young female who came into the OB to give birth, ended up needing a C-section, and neither she nor any of her family could speak English.

Julie commended Beth Martin for achieving her Bachelors degree in Science & Nursing, Vicki Hicks



and Lora West for attaining their LPN licenses, and Jolene Smith for receiving her RN license.



HVCH EVENTS

Mother's Day is May 10, what is your favorite Mother's Day memory?

*When I was about 11 or 12 yrs. old, I went to the store with just enough money to buy a little sugar bowl and creamer set for my mom for Mother's Day. On the walk home, I dropped the bag and broke the lid to the sugar bowl. I was so upset. My mom found me crying. When she found out what had happened she gave me the money to buy her a new sugar bowl.....**Cyndy Hamilton, Lab***

*I was stunned when several years ago my Mother's Day Bouquet was sent to me by my son without any adult intervention. How did I know they were actually from him? Because he was not shocked when I thanked him for something he pretended he knew nothing about, and he was completely aware of the cost. "(Wow Mom, come to the door and see this amazing \$25.92 arrangement of flowers that just came for you!)" I still carry the signed card in my wallet.....**Debbie Powell, Information Services***

My favorite Mother's Day memory is when all of my family would gather at Grandma's house. We would have a big meal and spend the day visiting and helping Grandma plant the flowers that she received for Mother's

Sr. Center Health Fair



Kara Spangler, Lab, is shown with Margie Davis.

HVCH participated in the Spring Health Fair, hosted by the Scenic Hills Senior Center. Many seniors, county employees and others took advantage of the services offered, including; blood pressure, blood sugar, body composition, cholesterol and PSA's.

Employee Birthdays

Happy Birthday to May employees and volunteers. The birthday listings are conveniently posted on the board outside the HR Dept.

Senior Health Talk



The March Health talk at the Scenic Hills Senior Center was presented by Chet Kaczo, Pharmacist. Chet gave a presentation on Coumadin Therapy. The large crowd really enjoyed the information. The next Senior Health Talk will be held on May 5th. Beth Martin will be speaking on "Tool Kit for Staying Sharp."

Expect Joint Commission

We are expecting two Joint Commission surveys in 2009, Hospital and LAB. These surveys can happen at any time, and they will be unannounced. Be prepared!

HVCH NEWS

Twig VI Mother's Day Basket Raffle-Act Quickly

Twig VI members are selling raffle tickets for a Mother's Day Longaberger Basket. The basket includes: A Vera Bradley clutch, Victoria Secret lotion, Candle, Massage certificate, manicure and pedicure, Bath and Body creams & lotions, mug with tea and hot chocolate, Beauticontrol products, magazines, and 2 tickets to Movies 10. The tickets are \$1.00 each or 6 for \$5.00, and may be purchased from any Twig VI member or in the Patio Shoppe. Drawing will be Saturday, May, 2nd.

Perry Co. Health Fair



Lexi Martin checks the blood pressure of a participant in the Perry Co. Schools Health Fair

Millcreek School in Perry Co. was the site of a recent health fair. Dawn McGrath was busy measuring the BMI of attendees while Lexi Martin measured blood pressures. There was a good participation for the free health screenings.

Quilt Winner

Jennifer Godby was the lucky winner of the beautiful hand made quilt that was raffled by Twig I. Jennifer is the daughter of Frances Stimmel and the mother of Kristin Godby, who is a Nurse Extender in Urgent Care and also works in Patient Registration.

Volunteer Week Luncheon



To celebrate National Volunteer Week, Materials Management hosted a luncheon for their volunteers; Don Wolfe, Bob Wells and Curt Thomas. The delicious meal was catered by the HVCH Nutrition Dept.

Free Cycle Day



Materials Management held a "Free Cycle" day as part of Earth Day. Many departments brought goods and equipment that they were not using and swapped for other items that they could use. Chase Wartenbe was pleased with the participation and plans to hold the event again.

Welcome New Employees

Sherri Wintermute, STNA, SNF
 Penny Bondurant, RN, ED
 Andrea Isree, RN, ED
 Heidi Joiner, RN, ED

HVCH Wellness 5K Walk/Run



The HVCH Wellness team is hosting a 5K Walk/Run on Saturday, June 27th. The race will start and finish at the Hocking Co. Fairgrounds. The cost is \$15.00 per person to pre-register or \$20.00 the day of the race. Registration forms are available in the Cardio Dept. or download at hvch.org/news-click on events. The race is for all ages and all fitness levels, so please come and support this event. Prizes will be awarded in 6 different age categories; Under 18, 18-24, 25-34, 35-44, 45-54, and 55+. Prizes will be given to the first male and female winner in each age category for runners. Recognition will also be given to youngest and oldest participants. Strollers are welcome!

Twig VI Rummage and Bake Sale

The Twig VI Rummage and Bake sale will be held May 2nd, 8:00 AM to 2:00 PM, at the Hocking Co. Fairgrounds youth building. There will be a selection of great items.

QUOTE OF THE MONTH

Treat everyone with politeness, even those who are rude to you-not because they are nice, but because you are. Author Unknown

Have you seen.....



“Seven Pounds” Reviewed by Cheryl Sampson

Seven Pounds is an endlessly sentimental fable about sacrifice and redemption. You will definitely see the writers of this movie receiving awards. It is so cleverly written. The performance given by Will Smith leaves nothing to be desired. To elaborate too much would give away everything you need to find out for yourself as the movie unfolds. Suffice it to say that you will be shocked and at the same time overwhelmed with deep emotions. Don't miss this one! You'll laugh, cry, and soul search, desiring to become a better human being.

Have You Read.....



Lawless by Nora Roberts

Reviewed by Kresta Mock
Set in Arizona Territory in 1875, Lawless tells the story of Sarah Conway, a refined lady who travels to Lone Bluff to meet her father whom she has not seen since childhood. She finds that her father has died just 3 days prior to her arrival. She decides to stay in Lone Bluff as her father would have wanted, but as an educated, eastern lady, she finds much mischief. She gains a protector in gun-slinging, half-Apache Jake Redman as he does his best to keep her out of trouble. To read about Sarah and Jake's story pick-up your copy of Nora Roberts' "Lawless", a classic historical novel from the master of romance.

Auxiliary Hand Crafted Jewelry Sale



The Auxiliary is sponsoring, for the first time, a Hand Crafted Jewelry sale in the HVCH front lobby on May 7th from 7:00 am to 4:00 pm. The jewelry, affordably priced, is crafted by local well-known artists. The jewelry is made of semi-precious stones & other decorative elements. The local exhibitors will

include Susane Bowersox, Diana Fickel, Christina Vaughn and Julie, Duffy. Payroll deduction is available.

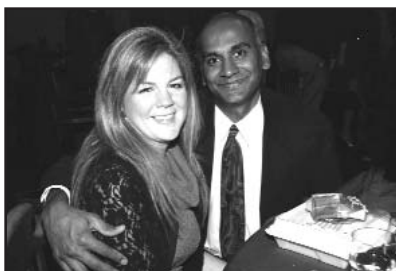
SNF Chinese Auction



Holding what they hope to win are: Ruth Daubenmire, Nina Inboden and Letha Burrell, as Bob Imel, Activity Therapist looks on.

The Skilled Nursing Facility recently held a Chinese Auction to raise money for the activity fund. Thanks to all the HVCH employees who donated items or refreshments and participated by buying tickets. The auction raised \$655.

Caduceus Soiree



Dr. Prakash and Katy Kudlapur are shown enjoying the third annual Caduceus Soiree, which was held recently at the Brass Ring Golf Club. Senior Leaders, Physicians and HVCH Board members enjoyed an evening of dining and entertainment. The annual event is held in conjunction with National Doctor's Day.

Jean Mowery -"Dolly Kleinschmidt" Award Winner



Jean Mowery, was named the 2009, "Dolly Kleinschmidt Volunteer of the Year". Jean has been a HVCH volunteer for 26 years. Many volunteers were honored for their hours of service at the annual recognition dinner. Watch for more photos and stories in the June Pulse and on the HVCH bulletin boards.

Therapy Dog Visits SNF



Sage is a 6 1/2 year old Labrador Retriever. Sage and her owner, Suzanne Moss, are part of an organization called Therapy Dogs International. Sage performs tricks and interacts with the SNF residents.