

Pulse



**HOCKING VALLEY
COMMUNITY HOSPITAL**

CALENDAR OF EVENTS

July

HVCH Foundation Auction, Social and dinner, 5:30 pm, Auction 7:00 pm

HVCH Foundation Golf Tournament, July 18, 1 team spot available
Call 380-8110

Auxiliary Book Sale, Tuesday July 21, 7:00 am to 3:30 pm, Front Lobby,

August

World Breastfeeding Week, Aug. 1-7

Purse Sale, Thursday August 6, 7:00 am to 3:00 pm, Front Lobby

Bloodmobile- Wednesday August 5th, 10:00 am to 4:00 pm.

September

Hocking Co. Fair, September 13-19
Uniform Sale, Tues. September 22nd, 7:00 am to 5:00 pm

HVCH COMMUNITY RELATIONS

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24th Annual Golf Tournament and Auction will surpass \$1,000,000!

2009 is an exciting year for the annual Golf Tournament and Auction. We will surpass \$1,000,000 in total funds raised for the 24 year event. We are still hoping for more HVCH employees to get involved by making a payroll deductible donation or purchasing ball drop tickets or raffle tickets. Pepsi Cola & Dr Pepper Bottling of Athens is the Major Sponsor for the Tournament again this year.



Bill Keynes Jr., Golf committee Chairman, Curt Allison, Pepsi Bottling, Laura Noel, Pepsi Bottling and Mike Bellar, Golf Committee member.

HVCH Wellness 5K Race is a Huge Success!

109 runners and walkers of all ages competed in the first annual 5K Race sponsored by the HVCH Wellness Committee. The race started at the Hocking County Fairgrounds and followed a smooth course through the streets of Logan. Many people cheered for the racers as they ran through the neighborhoods.



Joint Commission Survey Celebration!

To celebrate a very successful Joint Commission Survey there will be an employee celebration on Wednesday, July 8. There will be a free lunch for all employees which will include pizza, subs, salsa & chips and cupcakes. The 1st shift celebration will be from 11:00 am to 1:00 pm, 2nd shift from 5:15 pm to 6:45 pm, and the 3rd shift celebration will be from 12:30 am to 1:30 am.

Lehman Nominated as Healthcare Hero



Left to Right: Jay Lehman (husband), Brenda Lehman, Ruth Patton, (mother) and Alison Monroe, Director of the Skilled Nursing Facility.

Brenda Lehman, was recently nominated as a recipient for the Ohio Hospital Association Healthcare Hero Award. She attended the Ohio Hospital Association Dinner in Columbus along with her family, Alison Monroe, and the Senior Leadership team. Brenda is the primary restorative aide in Skilled Nursing. Brenda continues the program established by our Rehab Dept. to improve/maintain residents' functions required for daily living. The Ohio Hospital Association annual dinner honored 84 health care heroes from around the state.

HVCH Sponsors Babysitting Clinic



Kandy Fizer, Education Coordinator, recently held a clinic for teens and pre-teens to teach them the "ABC's and 123's" of being a good babysitter. The class was well attended and the participants received certificates for completing the course.

HVCH EVENTS

SNF Pie Eating Contest



Left to Right: Wayne Johnson, Alison Monroe and Shauna Glenn.

Shauna "Git r Done" Glenn was the clear winner of the SNF Pie eating contest. Bob "Hopalong" Imel, Wayne "Mr. Fix It" Johnson, Alison "Big Al" Monroe, and Sharon "2009 Healthcare Worker of the Year" Conner, were the competitors. The event brought residents' families together, and they all enjoyed delicious home-made pies that were baked by the staff.

Senior Health Talk



Danielle Arnett involves the audience in some exercises.

The recent Health Education discussion provided by HVCH at the Scenic Hills Senior Center was presented by Danielle Arnett, Wellness Coordinator. The audience enjoyed learning some exercises to help them stay fit and stay safe in hot summer months. The next education session will be held on August 11, from 9:30-10:00 am.

LeeAnn Helber Volunteers with "Builders for Christ"



LeeAnn recently spent a week in Eudora, Kansas, on a mission trip to help renovate a church in an area where there is a significant need for evangelism. The long days started at 6:00 am and ended with clean up after dinner. "It was exciting to use a nail gun", quipped LeeAnn. "It's a wonderful feeling to see the hard work of the group become such a blessing for so many!" stated LeeAnn.

Kilbarger Named to Regional Safety Council



HVCH has been chosen as the new sponsor for the Appalachian Regional Council and Diane Kilbarger has been chosen to serve as the Sponsor Coordinator. The safety council is dedicated to occupational safety, injury prevention education, increased safety awareness and to develop resources for the workplace.

My Favorite Vacation....

I actually have two favorite vacation spots: Sandbridge Beach, Virginia Beach and Emerald Isle, North Carolina..because no one hears much about them, as they are private, secluded and tranquil and its my most favorite time with my daughters!! We have rented a beach house directly on the beach every year since my oldest daughter was 1 year old. And every year since, we celebrate her birthday at the beach and that makes her feel very special...hows that for a birthday present!
 Alycia Vollmar

My favorite vacation was the Smokey Mountains. I liked it so much because I married my wonderful wife, Jessica there. We did some horseback riding, hiking, site seeing, and I schooled her in the art of competition go-cart racing.
 Brian Sampson

HERSHEY PENNSYLVANIA.....no explanation needed!!!
 Diane Kilbarger

I just returned from Zion National Park in Utah. Wow! Such a delight to the eyes. It's a real photographer's paradise with the different hues of Navajo Sandstone, igneous rock, heights and depths of the canyons. It's a hidden wonder. Enjoy it if you get a chance. I have a laptop full of pictures if you are interested.
 Dave Crawford

Welcome New Employees

Rob Sattely, STNA, Med-Surg
 Anya Kohn, STNA, Med-Surg
 Natasha Head, STNA, Med-Surg
 Mary Keels, Food Service Aide, Dietary
 Jamey Hankison, Physical Therapy Assistant, Rehab

A chance to win one of 6 great prizes in this year's Tournament raffle. Tickets are 3 for \$5.00 and can be purchased in the Patio Shoppe or Community Relations (8110). Payroll deduction available. Drawing will be 7-19-09.

HVCH NEWS

June Reward and Recognition Celebration



Carolyn Andy

"Carolyn is an excellent patient advocate and hospital employee. She treats every patient as though they were her own mother," shared Julie Stuck.

Kathy Stiverson
 " Today we say thanks to Kathy for her enthusiasm, hard work and bright ideas. She is the one who thought of having a jewelry sale and it was a great success!' stated Kathy Krumlauf.



Tara Lutz.

"Known as the "Queen of process improvement", we would like to recognize Tara for her efforts in improving the Surgical Care Improvement Process core measures for the 3rd and 4th quarters of 2008." shared Julie Stuck.



Mary Conkey and Robert Sigler

"The requirements to be accredited by ACR, are rigorous and Mary and Robert had to submit a multitude of films for evaluation. They did so well that the committee asked if they could use several films for teaching purposes," announced Julie.



Marilyn Johnson

"The consensus is that Marilyn will do whatever it takes to make the operations of the Surgery Dept. and lives of the employees within that department a little easier,' stated Julie.



Becky McCarty

"Becky is an excellent professional mentor to the students from OU and Hocking and also for new physical therapy team members," announced Bob Schmidt.



LeeAnn Helber

Charlotte Blair surprised LeeAnn by reading a poem titled "That Woman is a Success". "LeeAnn gives willingly of her time, talent and knowledge to her job, family, friends and co-workers." shared Charlotte.

QUOTE OF THE MONTH

The greatest of all mistakes is to do nothing because you can only do a little. Do what you can.
 Sydney Smith

Have you seen.....



“The Proposal” Reviewed by Kathy Krumlauf

I joined a group of fifteen women to go see the summer movie starring Sandra Bullock & Ryan Reynolds, and all of the women gave this movie, a big thumbs-up. We laughed and giggled throughout the movie!

The basic plot is that Bullock plays Margaret, a tough New York City book editor who is also a Canadian, Her visa has expired, and she is being deported back to Canada. But ... if she was married to an American all her problems would be solved. Hence, her assistant, Andrew is basically forced into agreeing to be her fiancé. Andrew will get a promotion, and for the first time ever, time off. Time off is going home to Alaska to celebrate his grandmother’s 90th birthday. His grandmother is of course Betty White. Go see the movie; it is a chic flick well worth seeing!

Have You Read.....



“Dear American Airlines” by Jonathon Miles

Reviewed by Angela Schetter
“Dear American Airlines” is an entertaining story of one man’s search to fix his life. While stranded at O’Hare Airport on the way to his daughter’s wedding, Bennie Ford decides to write a letter demanding a refund for his ticket price. Soon, this refund demand becomes a reflection on his life and problems. In a colorful “conversation” with American Airlines and himself, Bennie Ford tells about his daughter, his life gone wrong and a Polish soldier named Walenty. This novel is funny and hits home all too often.

HVCH Hosts “Business After Hours” for Dr. Gwilym



Welcoming Dr. Gwilym (far right) are Dr. Keller and wife Debbie, LeeAnn Helber, and Ken Wilson, County Auditor.

HVCH recently hosted a “Business After Hours” to introduce our newest Family Physician, Dr. Jennifer Gwilym. “After working several years in Central Ohio as a physician, returning to Hocking Valley Community Hospital, the place of my birth, has been a welcomed change. I am eager to offer quality health care to the residents of

Southeastern Ohio.” shared Dr. Gwilym. The event was well attended by many community business leaders. Dr. Gwilym is accepting new patients and she is located at: Logan Physicians Building 751 St. Rt. 664 N. (Lower level), 740-385-0202.

New Office Open House for Dr. Anzalone & Dr. Mesarch



At a recent Chamber “Business After Hours”, both Scott Anzalone, Family Practice Physician and Jon Mesarch, Optometrist, held open houses. Dr. Anzalone purchased the old Stage Coach Inn on Main St. Dr. Mesarch purchased the old School Board office on Walnut St. Both open houses attracted large crowds of well wishers wanting to tour these historic locations.

A chance to win \$1,000! Helicopter Ball Drop tickets are available for \$10 each and can be purchased in the Patio Shoppe or Community Relations (8110). Payroll deduction available.

First Annual Joint Center Reunion



The Southeast Ohio Joint Center held the 1st annual reunion recently, for all the patients of Dr. Kauffman, Orthopedic Surgeon, that have undergone joint replacement surgery, and the “Trail Guides” that helped them with their recovery. Special guest speakers included LeeAnn Lucas-Helber and Suzanne Brown. Chuck Moore, Joint Center coordinator and Tara Lutz, Director of Surgery, arranged the reunion and the evening’s events.

The evening included a meal that was served by the Surgery staff and special music by Amanda Moore. The reunion was a huge success and was enjoyed by all who attended.