

Pulse



**HOCKING VALLEY
COMMUNITY HOSPITAL**

CALENDAR OF EVENTS

October

Breast Cancer Awareness Month, Oct. 1-31

TWIG II Chinese Auction, Tuesday, Oct. 13,
Doors open at 5:30, Drawing at 7:00 pm
Employee Health Fair, Oct 14, 7:00 am- 4:00 pm

International Infection Control Week,
Oct. 18-24

National Hospital Pharmacy Week, Oct. 18-24

November

Quilt Raffle Drawing, Friday, Nov. 6, quilt is on
display in Patio Shoppe

Veteran Celebration, Nov. 11, SNF

Book Sale, Tuesday, Nov. 13, Front Lobby,
7:00 am to 5:00 pm

December

Jewelry Sale, Wednesday, Dec. 2, Front Lobby,
7:00 am -4:00 pm

Employee Christmas Celebration,
Thurs. Dec. 3, Times TBA

HVCH Children's Christmas Party, Tuesday,
Dec. 8, Details TBA

HVCH COMMUNITY RELATIONS

Kathy Krumlauf
Director of Community Relations
PH 740-330-8336 | FX 740-330-3143
PO: Box 950, 601 SR 664 North
Logan, Ohio 43138
www.hvch.org

News Editor: Janet Blair
Managing Editor: Kathy Krumlauf

“Upright Walkers” win Big Apple Challenge



The Pavement Pounders is a walking group created to encourage physical activity through employee challenges and competition. Groups of five or six logged their miles for three days each week, until they made it all the way to New York (528 miles). The winner of the challenge was the “Upright Walkers” comprised of Eileen

Grywalski, Cart Switzer, Erin Tinkham, Jordan Brandeberry, Denise Kiamy and Ward Murrey.

Other teams in the competition included; the Walking Bandits, Achilles Heels, Wendy’s Walkers and OR Girls +One. To sign up for the next challenge, stop by the Pavement Pounders celebration on Oct. 2, anytime from 7:00 am to 9:00 pm., in meeting rooms A & B.

Celebrating Patient Satisfaction Scores

A celebration was held recently to reward HVCH employees for 2nd quarter patient satisfaction results. Inpatient results were in the 90th percentile, Emergency Dept. results were in the 89th percentile, and Outpatient scored in the 88th percentile. Employees were treated to



pizza, subs, veggies and dip, salsa and chips, and cupcakes.

Patient Satisfaction is measured by a National research company and compiled quarterly. The results are compared to previous year and the previous quarter to identify areas of improvement.



Welcome New Employees

Melissa O’Harra-Brown, RN
Med-Surg
Niki Dunham-Mihm, RN
Med-Surg
Jessica Arbaugh, STNA
Med-Surg
Autumn Carlson, RN-BHU
Brittney Wilson, Clerk- Patient
Registration

Thanks for the Coats!



When asked by the Employee Satisfaction Committee to donate coats and cold weather accessories for needy families, HVCH employees really came through. 33 coats were dropped off to the Nutrition Dept. The coats will be taken to the schools to be distributed to children in need.

TWIG I Quilt Raffle



TWIG I is selling raffle tickets for this beautiful quilt that was handmade and donated by Margaret Humphrey. The tickets are 6 for \$5.00 or \$1.00 each, and are available in the Patio Shoppe. Drawing will be held Nov. 6.

HVCH EVENTS

Successful Uniform Sale



Heidi Joiner, ED employee, is enjoying the large selection of uniforms and other merchandise at a recent sale. The proceeds from the sale are used to enhance patient care.

Learning Development Institute



Sam Rake, Tri-County Mental Health, and Julie Grow, Director of Patient Registration.

Sam Rake, Counselor with EAP Career and Family Counseling, spoke to the hospital’s directors, managers and supervisors about the services provided by Tri-County Mental Health and Counseling Services. HVCH employees and their immediate family members can take advantage of an assistance program to help them manage their personal problems. For more information on the program, contact the HR Dept.

SNF Update

The SNF annual Chinese auction will be held Wednesday, Oct. 7, from 7:00 am to 3:00 pm. The drawing will start at 3:30 pm. For more information, contact Bob Imel at x8251.

Imel Calls Bingo



Bob Imel called bingo numbers to a packed shelter house at the Hocking Co. Fair. HVCH provided 10 bingo prizes to the group of seniors. The event was organized by the Scenic Hills Senior Center.

Marching Chieftains Perform for SNF



The LHS Marching Chieftains, led by the Senior band members, performed on the HVCH parking lot recently. The band played some of their classic songs from football halftime, and showed off some of their dance moves. The residents, their family members, and HVCH staff applauded loudly as they enjoyed the show.

Have you seen.....



“G.I. Joe” Reviewed by Roy Davis

The eighties cartoon and toy series comes to life on the screen with big special effects and little story. There are a lot of new gadgets, but also old ones from the cartoon. Your ten year old boy will love it and you will too if you are a boy at heart. The Joes are an elite international team called in when no one can help. The movie is named the “Rise of Cobra” and deals with the normal boy meets girl, boy takes girl’s brother on a mission and promises not to get him killed, brother gets killed and girl now trying to kill boy. The normal bomb countdown is included but now releases insects that eat metal starting with the Eiffel Tower. I give the movie 2 stars out of four

Have You Read.....



“Water for Elephants” by Sara Gruen, Reviewed by Jordan Brandeberry

A book you will not want to put down. 90 some year old, Jacob Janowski remembers what life was like when he was part of the “Benzini Brother’s Most Spectacular Show” . He was just days from getting his degree as a veterinarian, when his world got tossed upside down and he ended up caring for the circus menagerie. It was there where he met the two loves of his life, Marlena, who is married to August, who is not a friend of the animals or workers, and Rosie, an untrainable elephant. This book takes you through his trials and tribulations of adjusting to a new life, overcoming the odds and finding a home.

HVCH NEWS

Upcoming Employee Wellness “Hoedown”



Diane Klinger enjoys pampering from Beauticontrol at last year’s health fair.

The Healthy Lifestyles Committee will hold the annual Wellness Fair in the front lobby on October 14, from 7:00 am to 4:00 pm. Employees may receive their flu shots during the event. Services offered will include: Massage, Beauticontrol, Bank information, mental wellness info provided by Beth Martin and Jim Dishong, and UMR will also be on hand to provide wellness info. There will be games, prizes and yummy snacks so be sure and attend.

Christmas Slide Show

Community Relations will once again be accepting photos of employees and their families, children, and grandchildren for the slideshow that will play during the employee Christmas party, Dec. 3. The photos need to be received in Community Relations in the CIC Building, no later than Friday, Oct. 30. Forms are available with your paycheck, on the community bulletin board or in the Patio Shoppe

Teddy Bear Donations



ED employees, Jeff Hovatter, Penny Bondurant, and Matt Hynus.

In tribute to National Teddy Bear Day, the Employee Satisfaction team asked employees to donate teddy bears or stuffed animals to be distributed to EDpediatric patients. Employees came through donating 90 stuffed animals. Thanks to all who donated. They are very comforting to scared, sick children.

Prescription Drug Use

by Diane Kilbarger
According to a recent AARP article, prescription drugs are life-savers, but only if they are used correctly. In the U.S., nearly 50% of all medications aren’t taken as directed. 14% of prescriptions never get filled; 13% are filled but not taken; and 29% are filled but not finished. Painstaking research has gone into determining the dosage and the effectiveness of every prescription medicine.

Thanks to BHU and SNF patients for once again providing room decorations in the CIC conference room and meeting rooms A and B.

QUOTE OF THE MONTH

The tragedy of life is not so much what men suffer, but rather what they miss.
Thomas Carlyle

New HVCH Volunteers



Bethany Fisher and Judy Thompson are new volunteers in SNF and Patient Registration.

HVCH is happy to welcome two new volunteers. Bethany Fisher will be helping out on Friday mornings in SNF and Judy Thompson will be here Monday evenings in Patient Registration. Please make them feel welcome.

Walktober Relay

The second annual Walktober Relay Race will take place on Wed. Oct. 28th, starting at 2:30 pm in front of the hospital. Registration forms and information is located on the Employee Wellness Board in the cafeteria, in CV/CP, or at the Employee Wellness Fair on Oct. 14th. Come to participate or cheer on your favorite team.

Urgent Care II Construction Update



Julie Stuck reports that Urgent Care II project is very much on schedule and will be completed by the end of Oct. We appreciate everyone's assistance in working together and dealing with the new challenges.

PHYSICIAN OF THE MONTH

Kudos to Linda Durst



Linda Durst has been a 4-H advisor for 30 years. Linda enjoys teaching the kids how much fun it is to be in 4-H and what skills they can learn. "Ask any 4-H alumni and they can tell you some part of 4-H they still use in everyday life," stated Linda. "I enjoy watching the kids grow.

They get so excited and want to discover new things. You can see their confidence grow each year. I now have kids in my club whose parents were in my club when they were young." added Linda.

Linda has been in charge of the 4-H food booth during the Hocking Co. Fair for four years. Weeks in advance lots of prep work for this event takes place. Linda and the other volunteers cook up 350 lbs. of ground beef for sloppy joes, they sell more than 2,500 school pizzas, 1,280 hot dogs, 80 bags of ice, and 50 gallon size bags of noodles for chicken noodle soup. "We are the cheapest place to eat at the fair," shared Linda. The food booth funds are used by the 4-H committee to sponsor trips, purchase trophies, ribbons, scholarships, etc. for the youth. Kudos to Linda for making a difference in the lives of Hocking Co. youth!

HVCH Fair Booth is Popular



Vickie Wright and Diana Miller are enjoying their time at the fair.

HVCH received many compliments at the Hocking Co. Fair. Adults were given a "green bag" with the new Urgent Care hours. Children were offered several options including learning flash cards and safety coloring books. There was also great marketing materials distributed to fair goers. Many thanks to all the employees who worked in the fair booth.

Annual PPD's and N-95 Fit Testing

All annual PPD's and N-95 fit testing is now being done by Christy Schneider. The hours are Monday, Tuesday, Wednesday, and Friday, from 7:00 am to 3:30 pm. Upon completion of your Safety Storm requirements, print your completed course and give it to Christy, prior to receiving your PPD. N-95 mask fit testing will be done on the day you receive your PPD. Do not eat, drink or smoke at least 15 minutes prior to getting fit tested.

If you have recently seen a movie or read a book, and would be interested in writing a book or movie review for the Pulse, please call Community Relations at 8336 and let us know. Feel free to leave a message.