

Pulse



**HOCKING VALLEY
COMMUNITY HOSPITAL**

CALENDAR OF EVENTS

November

Deadline to order pumpkin rolls, Nov. 16, call 8110

Quarterly Auxiliary Meeting, Thursday, Nov. 19

Deadline to order Poinsettias, Fri. Nov. 20, call 8110

Deadline for Celebration of Lights, Nov. 24, call 8110

Veteran Celebration, Nov. 11, SNF

TWIG II Thanksgiving Bake Sale & Pumpkin Roll pickup, Nov. 25, 7:00 am to 10:00 am.

December

Poinsettia pickup, Tues. Dec. 1, CIC Building, call 8110

Jewelry Sale, Wednesday, Dec. 2, Front Lobby, 7:00 am -4:00 pm

Celebration of Lights ,Worthington Park,5:30
Employee Christmas Celebration,
Thurs. Dec. 3, 11:00 am-1:00 pm, 5:00 pm - 7:00 pm, 1:00 am -3:00 am.

HVCH Children's Christmas Party, Tuesday, Dec. 8, 5:00-7:30 pm

HVCH COMMUNITY RELATIONS

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Reward and Recognition Celebration



Laura Hacker and some of the employees who helped save her life.

The October Reward & Recognition was held in the cafeteria.

Julie Stuck read a letter from **David Cardwell, CRNA**, that commended several people in various depts. who were instrumental in helping save the life of patient and employee, **Laura Hacker, Jeannie Still, Amy Markin, Chet Kaczor, Stephanie Frasure, Matt Davis, and Sarah**

Burgess were all thanked for their involvement. Julie also recognized **Dave Cardwell's** contribution.

LeeAnn Helber recognized **Amy Burnside** after receiving a letter, from a patient who lives in Athens, commending Amy for the compassion and professionalism she shows each time they visit the Med Arts building.

LeeAnn also praised **Lois Lester**. **Lois** has been taking one day a week to help with microfilming, in addition to filing 500 to 750 charts per day.



Julie Stuck and the Pharmacy Dept.

Julie Stuck recognized the entire Pharmacy Dept. Each year Pharmacy Systems Inc. surveys the

opinions of the Nursing staff about the Pharmacy Dept. This year the aggregate score for the pharmacy was 4.32 on a scale of 1-5. This score portrays the Pharmacy Dept.'s effort to meet the needs of the nursing staff.

Julie congratulated the **CV/CP Dept.** on achieving accreditation from the **American Assoc. of Cardiovascular and Pulmonary Rehabilitation.**



LeeAnn Helber and Amy Burnside



LeeAnn Helber and Lois Lester



Julie Stuck, Danielle Arnett, Carolyn Andy, Susanne Brown and Sarah Burgess.

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Welcome New Employees

Christy Bartow, Associate,
Environmental Services
Courtney Smith, Unit Secretary,
ED
Kristin Woodgeard, Unit
Secretary, ED
Bonnie Wolfe, Medical Lab
Technician, Lab
Jeremy Coakley, Nurse Extender,
Radiology
Trudy McCoy, STNA, SNF
Jason Moore, Cardio Tech,
Cardio

SNF Chinese Auction



Martha Crawford, Karen Barkhurst, and Clifford Crawford, enjoy shopping.

SNF recently held their Chinese auction fundraiser. They raised \$602 to aid their resident activities fund.

Walktober Relay Race



Three teams competed in the annual Walktober relay race. Team OSU, Melissa Brown, Mary Burggraf, Kandy Fizer and Vickie Howe, Team Fantastic Four, Bob Schmidt, Shauna Glenn, Heather Johnson, and Amanda Downs and Team Kelly & Danielle, Kelly Hensley and Danielle Arnett. The winning team was Team Kelly & Danielle.

HVCH EVENTS

R and R Continued

Alycia Vollmar recognized the food drive team led by Beth Martin. They collected 1,105 cans of food to win the competition. (See the other teams on page 3). LeeAnn had high praise for the Patient Registration Dept. They have an accuracy rate of 97%, with their highest volume months, while working in cramped conditions due to the construction.



Team A led by Beth Martin, collected the most food items during the recent contest.



LeeAnn Helber congratulates Tara Jacobs and Kandy Fizer for their hard work in achieving BSN degrees.



LeeAnn Helber congratulates the Patient Registration Dept.

Fire Extinguisher Training



Charlotte Blair battles the blaze.

Several employees practiced the proper way to use a fire extinguisher at a recent training in the CIC parking lot. Always remember the acronym, PASS. Pull the pin, aim at the base of the fire, squeeze the trigger and sweep from side to side.

Tailgate Party



Ginger Johnson grills the hot dogs while Don Come prepares his plate.

Employees were treated to a tailgate party, by the Employee Satisfaction Committee recently.

Christmas Celebration

The annual Christmas celebration for employees and retirees is scheduled for Thursday, Dec. 3 in Meeting rooms A and B. The times are as follows: First Shift 11:00 am-1:00 pm, Second Shift 5:00 pm - 7:00 pm, and Third Shift 1:00 am -3:00 am.

4,719 Items Collected in Annual Food Drive

The CHAP food bank was filled, due to the generosity of HVCH employees. The annual food drive was a huge success this year. Special thanks to HVCH employees, who helped load and unload the food. Team A, led by team Captain Beth Martin, won the six team contest. All teams did a fantastic job this year.



The 2nd place team led by Cart Switzer, collected 1,039 items.



The 3rd place team led by John Burgess, collected 816 items.



The team led by Stacie Gabriel, collected 508 items.



The team led by Dawna Evans, collected 814 items.

HVCH NEWS

I Am Thankful For

It is not hard for me to find something to be thankful about this year. Each day I have 3 blessings waiting on me when I get home from work, my daughters. I am thankful for my oldest, Isabella. She started first grade this year, and I am thankful that she enjoys school, as it was not always my favorite thing. My middle daughter, Sophia, is in preschool. I am thankful that she is healthy and happy, as she had heart surgery when she was a baby but you would never know it by looking at her. Everyday that I get to watch her run around in our yard is a day I am thankful to have. My youngest, Sylvia, is a delight. She turned two this fall, and I am so thankful to get to watch her grow and learn new words each day. She already has a great personality, and I am thankful to get to watch her grow into a great young lady. I am also thankful to my wife, Amy, for giving me these blessings. While I look forward to eating my mom's traditional Thanksgiving cuisine, I also look forward to spending the day with my whole family, as I have a lot to be thankful for.Luke Kline

I am thankful for many things; my husband, our four children and their spouses, and our nine grandchildren. I think sometimes in our busy everyday lives, we take for granted the wonderful blessings we have all year long, like our health, family, jobs etc. So one of the things that I love most about Thanksgiving is our tradition of each family member saying what they are thankful for before we say the blessing and eat dinner.Tammy Mead

Mmmm....mmm., the smell of sweet potatoes and pumpkin pie! That's what gets my Thanksgiving rollin. And of course, it is tradition in my family to put our Christmas tree up on Thanksgiving night. I am thankful for having all the family come from as far as Texas to join in on all the memories throughout the years and just being thankful to God that all of us are where we are in our lives today.Jessica Bickley.

I am thankful for my two beautiful girls and my family. I am also thankful for the things we are blessed with everyday that we may take advantage of for our health. I love that my family gets together (which is not easy because it is huge) to catch up, joke around and the kids play. The food is awesome. Thanksgiving is a great time to relax and make you realize how much we have to be thankful for.Jennifer Coakley

Great Job to all on the Food Drive!

The team led by Denise Kiamy, collected 437 items.



QUOTE OF THE MONTH

We know God wipes away our tears, but it certainly feels good when he uses human hands.

Mary Paulson Lauda

New Volunteer Desk



Volunteers, Janet Shriner, Irene Walton and Bonnie Lindsay are shown at the new patient registration desk.

Community Health Checks



Julie Dietzel is checking cholesterol and glucose at the Sr.Center

HVCH employees from Lab, nursing, and Community Relations, have been busy providing free health screenings to the community. The Scenic Hills Senior Center, the GE Company, and the Hocking Co. Library, all hosted Fall Health Fairs.

Handcrafted Jewelry Sale

On Wed. Dec. 2nd, there will be a wide selection of handcrafted jewelry for sale in the HVCH front lobby. Local artists will offer lots of fun and trendy designs. You can pick up some unique gifts for Christmas presents or for yourself. Payroll deduction is available for up to 5 pays. The event hours are 7:00 am to 4:00 pm.

BHU Open House



Shawn Hinterscheid designed this bulletin board in BHU for Halloween.

BHU employees recently held a costume contest. Winners included: Dr. Kudlapur "Best of Show", Dr. Haque "Most Unusual", Heather Johnson, "Prettiest", LeeAnn Helber, "Scariest" and Dr. Ireton, "Funniest".

Cookies - Pt. Satisfaction



Brian Sampson and Roger Hornsby, members of the Patient Satisfaction Team, discuss key words and controlling noise levels with patient care employees.

Auxiliary Book Sale



LeeAnn Helber and Roger Hedges enjoyed shopping at the book sale.

The HVCH Auxiliary Book Sale was another successful fund raiser. Employees enjoyed the convenience of shopping, while helping the Auxiliary raise funds for medical equipment. The next book sale will be March 9, 2010.

HVCH Veterans



HVCH Veterans gathered for a photo in honor of Veteran's Day. Don Russell, Susie Anderson, Bob Imel, Wayne Johnson, Roger Hedges and Brian Sampson. (See photo in glass display).

Employee Wellness "Hoedown"



Jim Dishong offers materials to Rose Chandler and Mary Yanko.

The Healthy Lifestyles Committee recently held the annual Wellness Fair in the front lobby of the hospital. Employees were offered a variety of services including: receiving their annual flu shot, education about healthy snack options, games and drawings, and mental health education. There were several outside vendors on hand to market their services and products to the employees. "HVCH offers employees encouragement and help to become healthier through various activities such as the Wellness Fair," said Danielle Arnett, Employee Wellness Coordinator. "The goal of the Healthy Lifestyles Committee is to inspire lifestyle changes toward healthier living for employees," added Arnett.