

# Pulse



**HOCKING VALLEY  
COMMUNITY HOSPITAL**

## CALENDAR OF EVENTS

### December

Volunteer Holiday Luncheon, CIC Building,  
Friday, Dec. 11, Noon

Deadline to order Honeybaked hams, Dec.  
15., pickup is Dec. 23, call 8110 for more  
details

Deadline to submit news for the January  
Pulse, Dec. 21.

First Day of Hanukkah, Dec. 11

SNF, Santa Clause with the residents,  
Dec. 16, 5:30 pm

SNF Christmas Lunch, Dec. 17, 12:00

Christmas Day, Dec. 25

### January

New Years Day, Jan. 1

Uniform Sale, January 19, Front Lobby  
7:00 AM to 5:00 PM

Martin Luther King Day, Jan. 18

HVCH COMMUNITY RELATIONS

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Director of Community Relations  
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PO: Box 950, 501 SR 564 North  
Logan, Ohio 43138  
www.hvch.org

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Managing Editor: Kathy Krumlauf

## Employee Christmas Party



Celebrating at the Christmas party.



Nutrition Dept. enjoys the catered meal.

The annual HVCH Christmas party was held recently in the meeting rooms and cafeteria.

Employees were given the opportunity to feature their family photos on a slide show. Prizes were drawn hourly on all three shifts. Christy Bartow won the grand prize, a digital camera. A complete list of prize winners is posted on the HR bulletin board. The meal was catered by Lee's Banquet Haus. Special thanks to the Christmas Party committee for all their hard work and planning. The food was great and the decorations were beautiful. See more photos on page 4.

## Urgent Care, New Hours, New Stickers



Sharing their excitement over the new children's stickers are Dr. Lubbers, Julie Sinnott, RN, and April Starner, Nurse Extender.

Urgent Care has not only expanded with three new beds, and increased their hours of service, from 11:00 am to 11:00 pm, but they also have new children's stickers. The licensed logo stickers are easily recognizable characters to even very young children. The ED also has the new stickers.

## Help for the Homeless

The Lutheran Social Services Homeless shelter in Lancaster is in desperate need of adult hats and gloves. The Employee Satisfaction team is doing a hat and glove drive for this charity. Please take your donations to Gina Smalley in Medical Records as soon as you are able. Your help is very much appreciated.

**SNF Update**

Submitted by Alison Monroe

Welcome back to Sherri Wintermute who was off on sick leave.

Welcome back to Amber Kienzle who has returned from maternity leave.

Congratulations to Shana Emerson and Amanda West, who are expecting babies in May and June, respectively.

Congratulations to Karen Evans for passing her LPN boards.

**SNF Entertained by Group**



The Grovers with friends, Linda and Brenda.

The Grovers recently entertained residents of SNF by singing some old time favorites and some contemporary Christian selections.

**SNF Enjoys Thanksgiving Meal**



SNF residents and some family members recently enjoyed a Thanksgiving feast, prepared by Sharon Connor and the Nutrition Dept. staff. "We really appreciated the delicious meal for Thanksgiving and everything the Nutrition Dept. does for us," stated Alison Monroe, Director.

**HVCH EVENTS**

**Welcome New Employees**

Cathy Leffel, STNA, SNF  
 Samantha Johnson, STNA, Med Surg  
 Mike Dorris, Courier, Lab  
 Sara Baker, PTA, Rehab  
 Roberta Wagner, STNA, Med Surg

**Plant Ops Decorates Trees**



A big thanks to Plant Operations for decorating the outdoor Christmas trees. They look wonderful! Jerry Johnson, owner of Fancy Plants, not only does a wonderful job of keeping the hospital grounds beautiful, but he picked some beautiful trees.

**Rehab Update**

Submitted by Dave Crawford

Sara Baker, PTA has joined our Therapy family. Currently orienting in the Outpatient clinic, she will be primarily in SNF and Med Surg after mid December. Kala Phillips, PTA, will be changing to a part time position in January to further her career towards earning a DPT ( Dr. of Physical Therapy). Many thanks to Sarah Davis and Cheryl Stumbo, who have filled the gap during Eileen Grywalski's recovery from foot surgery.

**Patient Education Award**



Rana Goss, RN, Med-Surg, was recently given an award for exceeding the established goals for providing patient education. Kandy Fizer, Education Coordinator presented the award.

**Patio Shoppe Gifts**



The Patio Shoppe has a large selection of Christmas decorations and gifts. Employees may payroll deduct their gift purchases for up to 5 pays, through December.

**Senior Health Talk**



The December Health Education discussion, at the Scenic Hills Senior Center, was presented by Katy Kudlapur, RN, CDE. Katy spoke about "Nutrition & Managing Diabetes."

Have  
you seen.....



### "New Moon"

**Reviewed by Diane Kilbarger**

If you didn't get up and go to this movie at midnight for the first run of the second installment of the Twilight saga, you should have! The romance between the mortal and the vampire soars to a new level as Bella delves deeper into the mysteries of the supernatural world she yearns to be a part of.

Even though Edward decides to leave Bella, he still materializes in time of grave danger to keep her safe. You will also see that Jacob Black has grown into quite a young man with a supernatural secret of his own. This action packed film is a must see if you have read the books. Film #3 comes out in June 2010. I can't wait!

Have  
You  
Seen.....



### "Wicked" Reviewed by Kathy Krumlauf & Julie Stuck

Over Thanksgiving weekend on different days, both Julie and I had the opportunity to see the musical *Wicked* in Cleveland with our families, and we both agree that it was just fantastic. The musical is not only delightful to watch, but the story of *Wicked's* green skinned witch, Elphaba, is just fascinating. The music was wonderful and the story-line is very intricate. The musical was composed by Stephen Schwartz. It is based off the book written by Gregory Maguire. *Wicked* is the prequel to the book, *The Wonderful Wizard of Oz*, and it is all about how the wicked witches of the East and West became wicked, how the scarecrow became the scarecrow, and you learn about all the dirty secrets of Emerald City. When *Wicked* comes back to Columbus both Julie and I recommend you go see it; it is worth the price of admission.

## HVCH NEWS

### Twig II Sale Activities



The busy women of Twig II held their annual Thanksgiving bake sale and made over \$235. They also sold 71 of their delicious pumpkin rolls. Don't forget to place your Twig VI ham order by Dec. 15. Call 8110 for more information.

### Retiring Foundation Board Member



Kathy Krumlauf, Executive Director, HVCH Foundation, LeeAnn Helber, HVCH CEO, and Jim St. Clair, Foundation President, show their gratitude to retiring Foundation Board member, Dr. Scott Anzalone. Also retiring but unable to be in photo is Bryan Starner.

### Twig VI Poinsettia Sale

Twig VI members sold Christmas poinsettias again this year. The beautiful flowers will brighten many homes this holiday season. The total number of poinsettias sold was 151.

### Social Services

Submitted by Missy Poling

We would like to congratulate Steve and Erin Daugherty on the arrival of their new baby boy. Mason Paul was born on 11/3/09.

### Auxiliary Jewelry Sale



The HVCH Auxiliary sponsored a local hand-crafted jewelry sale to raise money. Many employees were able to purchase beautiful pieces. A portion of the proceeds are used to enhance patient care at HVCH.

### Auxiliary Qtrly. Meeting

The quarterly meeting of HVCH Auxiliary was held recently. Kelly Taulbee, RN, Hocking Co. Health Dept., was on hand to discuss H1N1, and the vaccinations. LeeAnn Helber asked the Auxiliary if they would be willing to donate part of \$87,000 needed to purchase new cardiac monitors for ED, and the Auxiliary voted to provide the entire amount!



QUOTE  
OF THE MONTH

At Christmas, play and make good cheer, for  
Christmas comes but once a year.

Thomas Tusser

**Celebration of Lights**



The Annual Celebration of Lights was held last Sunday to honor and remember loved ones. The Celebration took place in Worthington Park and was well attended. The event is sponsored by the HVCH Auxiliary, and they were able to raise \$1,825 for HVCH. This year's tree was donated by Jerry Johnson of Fancy Plants Landscaping.

**Scenes from the Christmas Celebration**



**A Letter From the President**

*During the Fall Forums, I asked employees to complete a form if they had any safety concerns. Many of you took the time to complete the forms, and you all **signed** them, which showed me that you felt strong enough to stand behind what you wrote.*

*Within a few days, a note was dropped in the Direct Line Box with **no signature**.*

*Because it was not **signed**, these notes are usually discarded, however, this particular note contained misinformation, and I want you to all have the facts when you ask questions. For instance, this person did not know that we are under state mandates to maintain staffing in some departments 24 hours a day, 7 days a week. The writer wanted these people sent home, which by law we cannot do. We can't change these mandates, just as we cannot refuse to pay the new state assessment.*

*This person wanted us to eliminate all the birthday celebrations and parties we hold for employees, (Christmas, birthday lunches, Recognition Dinner, and more) so everyone could get a 10-15 cent raise. When looking at the expense for these items, the total amount spent on all of them combined would only be enough to provide an increase of less than 1/2 cent per hour increase per employee. In addition, as healthcare workers, we deal with heartbreaking, emotional, and stressful situations daily, and celebrating, rewarding, and recognize our employees is well worth the money spent to fill our emotional banks.*

*My real point of this letter is to encourage you to talk with your supervisor, your SLT member, with Human Resources, or with me if you have concerns. If you care enough to send a letter, I care enough to respond, but you need to sign your name. Open communication is the key to a firm foundation, and we want to keep it that way.*

*To all our great team members, I thank you again for your commitment and dedication. **YOU** are the difference makers at Hocking Valley Community Hospital.*

*LeeAnn*

LeeAnn Lucas-Helber  
CEO/President

**From Julie Stuck...**

Congratulations to the following employees who found the "special" flyer on the pillar boards. These employees brought the flyer to Julie Stuck as instructed and won a prize. Jim Dishong, Becky Fast, Peggy Snider, and Sherry Perry. Be sure to check your pillar boards, you never know what might be hanging on them.



Here's a great idea. When you make out your Christmas cards, send one to:  
A Recovering American Soldier  
c/o Walter Reed Hospital  
6900 Georgia Ave. NW  
Washington, D.C 20307-5001