

# Pulse




**HOCKING VALLEY  
COMMUNITY HOSPITAL  
CALENDAR OF EVENTS**

**March**

Auxiliary Book Sale, Tuesday, March 9,  
7:00 am -4:00 pm

St. Patrick's Day, March 17

Senior Center Health Talk, Mar. 30, Updates on  
Joint Replacement, Chuck Moore,  
10:00 am- 10:30 am

Mother's Day Plant Sale, Now thru March 25  
(for payroll deduction orders) or now thru April  
24 for prepaid orders. Pick-up May 1,  
Fairground Shelter House,  
10:00 am to 11:00 am.

Doctors' Day, March 30th

**April**

Good Friday Bake Sale, TWIG II, Front Lobby,  
7:00 am

Senior Center Bingo, Tuesday, April 6,  
Noon to 1:00 pm

Senior Center Health Fair, April 13,  
9:00 am - 1:00 pm

Volunteer Dinner, Thurs. April 22nd,  
Social at 5:30 pm, Dinner at 6:00 pm

SNF Chinese Auction, Wed. April 7,  
7:00 am to 3:00 pm

HVCH COMMUNITY RELATIONS

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## Reward and Recognition Celebration



The February Reward & Recognition was held in the HVCH lobby. LeeAnn Helber recognized Charlotte Blair for being an organizer, protector, and friend. Charlotte does many things very well including: orchestrating schedules, recording meeting minutes, and she is a grammar expert! "Most of all, I appreciate Charlotte for knowing just what I need, sometimes before I even know I need it," shared LeeAnn.

**LeW Newberry recognized Chase Wartenbe on behalf of the Surgery and SNF units. Both departments complimented Chase on being visible in their departments, and on how skillfully he negotiates with vendors for needed equipment. He was also thanked for how he organized the purchase of the high definition Scope equipment for Surgery.**



Recently, Surgery was having a very busy day trying to prepare patients for surgery. They really needed some assistance and Heather Johnson, RN, SCU, came to the rescue without hesitation. She did whatever was needed and kept a smile the entire time. Heather was more than willing to lend a helping hand, and Outpatient Surgery wanted to say thanks!

**During the month of December, the BHU experienced a staffing crisis. All of the staff stepped forward and did more with less, but one person stood out, Tamii Cramer. Tamii, LPN, BHU, came in on her days off. She came in early and stayed late, and stepped out of her comfort zone by taking the lead on patient care. Tamii never once stopped using AIDET and always came to work with a smile.**



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**Senior Center Health Talk**



Jill Garland, Dietitian, and several audience members with their bottled water.

The February health discussion, at the Scenic Hills Senior Center, was presented by Jill Garland, R.D.,L.D., Nutrition & Food Services. Jill spoke on "The Importance of Staying Hydrated." Next month's talk will be on March 30, at 10:00 a.m. Chuck Moore, SEO Joint Center Coordinator, will be speaking on updates on joint replacement.

**Doctors' Day**



Karen Krebs, a member of the Physician Satisfaction team thanks Dr. Cummin. March 30 has been set aside as Doctors' Day since 1958, when the US House of Representatives signed a resolution proclaiming it. The HVCH Physician Satisfaction Team presented HVCH physicians with a free car wash certificate to show our appreciation.

**Update From Materials Management**

Materials Management would like to welcome Kourtney Walton to our team. Kourtney is the new purchasing assistant, and she is a graduate of OU.

**HVCH EVENTS**

**Reward and Recognition Continued.....**

Julie Stuck recognized Sandy Rice, Environmental Services. Sandy is always smiling and does an outstanding job cleaning the Birth Center and the OR. Sandy always finds other coworkers to help when her work is complete.



**Bob Schmidt honored Chuck Moore, Tara Jacobs, Denise Kiamy, Chris Barrell, Katy Kudlapur and Danielle Arnett. Sharon Conner had asked this group to come up with a "goody bag" for cancer survivors, to be given at their**



**annual Christmas dinner. Each member of the group added a special item to the bag.**

Julie commended Karen Evans, LPN, SNF, on achieving her LPN license. "I think we can all agree that one must be motivated to seek further education while continuing to maintain a work-life and home-life. Congratulations to Karen on doing just that," stated Julie. Julie also recognized Cheryl Skeens, STNA, SNF, for helping older adults reach their maximum physical potential through restorative care. "Cheryl goes out of her way to make sure that patients are getting what they need," wrote Mary Yanko, RN, SNF.

**SNF Update**

Beth Martin is now the Director of both the SNF and BHU, and would like to thank everyone for her warm welcome!

Best of luck to Alison Monroe in her new position as MDS Coordinator.

Good luck to Brenda Lehman, from the whole SNF crew, in her new position on Med/Surg. On March 29, the residents will be entertained by a talented musician all the way from Minnesota.

As you spring clean, be looking for items to donate to SNF's Chinese Auction. There will be more information coming soon.

**Animal Photo Contest Winners**

The Employee Satisfaction Team Animal Photo Contest Winners are as follows:

- Prettiest:** Cheryl Sampson-Cat
- Ugliest:** Tara Jacobs-Dog
- Funniest:** Dave Crawford-Calf and dog
- Cutest:** Jessica Brown-Dog
- Best of Show:** Sally Lynch-2 dogs.

You can view the photos in the cafeteria.

Thanks to all who participated.



**Sugar Helpers**



Front Row: Barbara Williams, Kay Roop, Missy Ware, Melinda Kearney, and Sally Lilley. Back Row: Katy Kudlapur, Tim Poling, Jana Lehman, Sharon Conner, Susan Cooper, and Denise Kiamy.

Sugar Helpers is a program that uses community volunteers, who have been trained about the basics of Type II diabetes, to increase local people's understanding about healthy lifestyles, diabetes prevention and how to manage diabetes.

**Rehab Update**

April is Occupational Therapy Month. Be on the lookout for fun activities from your favorite Occupational Therapists.

We would like to welcome our new office assistant, Mindy Johnson.

**Welcome New Employees**

Patricia Yeske-RN, SCU  
Craig Gobel-STNA-Med-Surg



HVCH would like to thank Plant Operations for the great job that they have done to keep our sidewalks safe in all the snow.

**HVCH NEWS**

**LeeAnn Helber Receives "Hocking Hank" Award**



President, LeeAnn Helber, was honored at the annual Chamber of Commerce Groundhog Breakfast. She was elected to receive the prestigious "Hocking Hank" award. Judge Rick Wallar and Jerry Johnson presented the award to LeeAnn for always sharing a smile and brightening everyone's day.

**New Cardiac Monitors**



Stacey Gabriel and Jeff Hovatter learn about the new cardiac monitors.

The HVCH Auxiliary donated over \$87,000 for the purchase of new cardiac monitors in the Emergency Dept. The nurses, techs and physicians have all been trained and the monitors are now being used. Some of the new features include; the capability to do EKG's, drug calculations, history keeping, pediatric monitoring and telemetries. "We are so excited about the quality of care that the patients will receive with the new equipment. A BIG THANKS to the Auxiliary for funding this project for us," shared Stacey Gabriel, Director of ED.

**Job Shadowing Students**



Kathy Krumlauf worked with the Logan Hocking Chamber of Commerce to place four students with mentors for a day. Karen Krebs, Laboratory Director is shown with Olivia McBride, the granddaughter of Lois Lester in Med Records. Other students and the departments they shadowed were Abby Linton (daughter of Lori Linton), Pharmacy, Tyler McManaway, Rehab, and James Pugh, (nephew of Mary Conkey) Radiology.

**From the ED....**

Jeanette Wheeler has passed her PCCN (Progressive Care Certified Nurse) certification exam. Congratulations to her on a wonderful achievement.

**QUOTE OF THE MONTH**

*Speak when you are angry and you will make the best speech that you will ever regret..*

*Ambrose Bierce*

**Patient Satisfaction  
“Champion of the Month”**



Brian Sampson, Chairman of the Patient Satisfaction Committee, is shown with other members of the Patient Satisfaction team; Roger Hornsby, Marilyn Johnson, Berdena Smart, Pam Conrad and Jeff Hovatter. as they honor Emily Martin, RN, Surgery, “Patient Satisfaction Champion of the Month” for February. Emily demonstrates great customer service skills by using AIDET, “keywords” managing patients expectations and compassion. Here are some comments from her peers; “She is very compassionate with patients.” “She has a calming voice.” Patients request her because of her kindness, and she always puts their needs first.” Emily received a \$10.00 gift certificate.

**Community Wellness Fair**

The Logan Hocking School District’s School Health Council in conjunction with HVCH and the Hocking Co. Health Dept. are sponsoring a Community Wellness Fair to promote health and wellness in our community. The event will be held April 24 at Logan High School, from 11:00 a.m. to 3:00 p.m. The Fair is open to anyone, any age, living in Hocking Co. and neighboring communities. Door prizes will be given away throughout the day.

**Have You  
Seen....**



**“Leap Year”**

**Reviewed by: Sheri Thompson**

This movie is definitely a chick flick! It is a romantic comedy starring Amy Adams and Matthew Goode.

The movie takes place in Ireland, and it is about one woman’s determination to marry the perfect guy.

After waiting four years for her upperclass boyfriend to propose, she decides to follow him to Ireland on a business trip to propose to him on Leap Day. It is an Irish tradition for women to propose to men on Leap Day, February 29th.

She is faced with a major setback when airplanes and weather leave her stranded on the other side of Ireland. She must then rely on a handsome Irish innkeeper struggling to keep his inn, to help her get to the other side of Ireland. As they bicker and face many obstacles along the way, they also discover something else. Contrary to critic reviews I thought this was a great romantic comedy, but then I love sappy romantic movies.

**From Patient Registration**

The Patient Registration Dept. would like to congratulate Kourtney Walton on her new position in Materials Management. She will be missed by the department, and we would like to wish her luck in her new endeavor!

**Congratulations Mimi!**

Mimi Hammer was the lucky winner of the beautiful handmade quilt, that was raffled by TWIG I.

**Have  
You  
Read....**



**“Operation  
Drumbeat”  
by Michael Gannon**

**Reviewed by: Bob Imel**

If you like the great submarine movies, (Hunt for Red October, Crimson Tide) this book has the same sort of action, but it really happened!

In the early part of WWII, the USA was officially neutral, but President Roosevelt supported the British with old WWI destroyers and other assistance.

Germany tried hard to avoid confrontation with US Navy forces. Finally, Hitler declares war on US shipping and hatches a plan “Paukensschlag”, to surprise and attack the US East Coast shipping. This is the story of these events as seen from the Captain and crew of a Nazi

Unterseeboote (u-boat) # 123. Life on a type 9 u-boat was one of boredom and moments of terror.

Just short of 60 men the crew crowded into a 250 ft. long tube. The author describes the sights and smells of bodies, engine oil and cooking odors.

Enemy planes, enemy ships, other subs, faulty torpedoes and just plain bad luck haunt the crew of u-123 throughout this factual event

**The Employee Satisfaction Team will be having a one day only, aluminum can drive on Earth Day, April 22nd. Start saving cans now. More details to come.**

### Childhood Obesity Grant



L-R, Katy Kudlapur, Certified Diabetes Educator, Denise Kiamy, RD, Certified Diabetes Educator and Director of Nutrition Services, Steve Stirn, Superintendent of Schools, Courtney Spatar, Central Elementary School Principal and Kathy Krumlauf, School Board President. Denise Kiamy, Registered Dietician and Certified Diabetic Educator, and Katy Kudlapur, Certified Diabetic Educator, spoke to the Logan Hocking School Board, at their February meeting. They explained that they had applied for a grant from the Foundation for Healthy Communities, sponsored by the Ohio Hospital Association, to obtain money to help fight childhood obesity. The grant award can be from \$10,000 to \$25,000, and it will be awarded for the 2010/2011 school year. At this point, the project will include approximately 100 4th grade students from Central Elementary, Logan Christian School and St. John Elementary. They will also plan indirect contact with the families of these students as they will be assigned "family homework". The focus will be multi; nutrition, education, physical activities for families over a lifetime, self-esteem and behavior modification. Following the school year, there will be a camp for grades 2 through 6 and their families. The proposal was well received by the Board of Education. Katy and Denise expect an answer on the grant by May 2010.

### Happy Retirement Roger!



Roger Hedges retired after 14 years of service to HVCH, in the Environmental Services Dept. A celebration was held in the cafeteria, and LeeAnn Helber presented Roger with tickets to the Rock n' Roll Hall of Fame & Museum. We wish Roger the very best in his retirement.

### Senior Center Bingo



Kathy Krumlauf, Director, Community Relations, and Curt Thomas, HVCH volunteer, enjoyed calling Bingo at the Scenic Hills Senior Center. HVCH will provide prizes and call bingo at the Center, the first Tuesday of every month.

### Mother's Day Plant Sale



TWIG II is now taking orders for the Mother's Day Plant Sale. There are many popular flower and plants available. The plants are healthy and hardy and ready for transplanting to beds or pots. There are also, beautiful, blooming hanging baskets. Flats and hanging baskets are \$11.00, terra cotta planters are \$10.00 and \$16.00. Order forms are available in the Patio Shoppe, on the community board, from any TWIG II member or the Community Relations office (8110). Deadline for payroll deduction orders is March 25, and can be deducted up to 3 pays. The deadline for prepaid orders is April 24. Plants can be picked up on May 1st, at the Hocking Co. Fairgrounds.

### Hocking Co. Health Dept. 5K Walk/Run

The 5K Walk/Run will take place Saturday, April 20, at 9:00 am. Registration is from 8:00 am to 8:45 am at the Hocking Co. Health Dept. The Health Dept. is located at 132 Hocking Mall, Logan. Entry fee prior to April 5th is \$10.00 per person, and after April 5th the fee will be \$15.00 per person. All proceeds benefit the Community Action Food Bank of Central Ohio. For more information, please contact Tiffany Colliton at 385-3030 ext. 231.

### TWIG VI Activities

Place your order now for your Easter HoneyBaked ham. The last day to order is March 26. The hams can be picked up on April 2nd, from 3:00 pm to 4:30 pm, in the HVCH front lobby. Call 8110 for more info. TWIG VI is also sponsoring a Rummage & Bake Sale on Sat. May 8 at the Fairground Youth Bldg. Please plan to donate some non-clothing items. The items can be dropped off at the Fairgrounds Youth Building on Friday May 7th, after 12:00 pm, or to the Community Relations Dept.

**March 2010**

## Auxiliary Quarterly Meeting



**Jim St. Clair, left, Foundation President, presents a \$20,000 check to Norma Geiger, 2009 Auxiliary President.**



**TWIG officers and members, present their 2009 donations to LeeAnn Helber and Norma Geiger.**



**2009 Auxiliary officers and TWIG Presidents were thanked for their selfless dedication and presented with appreciation roses.**

The HVCH Auxiliary recently held their Quarterly Meeting. Jim St. Clair, Foundation Board President presented a check to the Auxiliary for \$20,000 for their assistance at the 2009 Auction & Golf Tournament. 2009 TWIG officers presented LeeAnn Lucas-Helber and Norma Geiger with their contributions to the hospital from fund-raising events they sponsored throughout 2009. TWIG I member, Audrey Chute, presented a check for \$5,350, TWIG II President, Jan Bell, presented a check for \$9,000, and TWIG VI President, Christy Keynes, presented a check for \$8,000. Auxiliary officers for 2010 are Christy Keynes - President, Betty Jo Downs - Vice President, Jackie Croucher- Secretary, Mimi Hammer-Treasurer and Kathy Stiverson-Assistant Treasurer.



**New Auxiliary officers were installed at the quarterly meeting with a candlelight ceremony.**

## Point of Service Collections by Julie Grow



**Linda Beavers, Lisa Fetherolf, & Mandy Norway.**

The hospital has partnered with an insurance verification solution to collect more accurate insurance information up front. This system, which will be up and running April 1st, 2010 will allow us to verify, prior to a patient encounter or at the time of admission, the accuracy of the information obtained from the patient. HVCH will have real time access to Medicare, Medicaid, and commercial health plan insurance data to confirm patients' eligibility at the point of service to determine financial responsibility. At this time, the hospital will also begin asking self pay patients to provide a photo identification and for a deposit to put toward paying for their care. This will improve cash flow operations by facilitating collection of co-pays, deductible and patient responsibilities at the time of service. Using the software to

immediately verify patient information at the point of service will increase up front collections and reduce bad debt, as well as the amount of work and cost in the business office to collect from the patient or the health plan. The software will also provide the hospital with yet another method of providing the safest possible care by protecting our patients' health insurance identification information. While we understand requesting payment up front is a change from what our patients are used to, HVCH is following suit with hospitals nationwide, as well as in Southeastern Ohio in an industry wide effort to reduce healthcare costs. We are excited to have real time benefit information for our patients and their families for peace of mind while dealing with health issues. Surprises and misinformation are challenging to families when dealing with the difficult details of their health plans. This will allow for the hospital to assist in financial planning with no surprises and help the patients feel empowered to make informed decisions.

## Riley Kelch Wins the Bee

HVCH had several of their employees' children participate in the Logan Hocking Middle School spelling bee. Riley Kelch (son of Galen and Betsy Kelch) was the winner. Others who participated and their parents are: Jesse McLin-Jim & Erika McLin Nathan Kudlapur-Dr. Prakash & Katy Kudlapur Jenson Wallace-Janelle Wallace & Jason Wallace Parker Bungard- Rebekah & Dave Driscoll Madi Gabriel- Stacey Gabriel & Ryan Gabriel

## Hospice 5K Walk/Run

The 5K fundraiser for Hospice of Hocking Co., will be held on Sunday, April 25, at 1:00 pm. Pre-registration is \$20 before April 16 and \$25 the day of the race. For more info contact, Missy Poling at 380-8246.