



HOCKING VALLEY
Community Hospital

LEADING THE WAY TO A HEALTHIER COMMUNITY

JUNE 1, 2018

Weekly Update

Rehab Department benefits from Shriners donation



Pictured are McKenzie Lutz (center), HVCH Speech Therapist Erin Tinkham (left) and HVCH Physical Therapist Rebecca McCarty with some of the equipment purchased with a grant from the Hocking Hills Shrine Club.

Equipment purchased through a grant from the Hocking Hills Shrine Club has been put to good use in the Hocking Valley Community Hospital Department of Rehabilitation.

Staff have been using the equipment for pediatric patients for the past several weeks. Equipment that was purchased with the \$13,260 donation includes:

- **EasyStand StrapStand:** Helps patients more easily stand during treatment without harm or injury to the therapist or patient.
- **Hi Lo Tables:** Tables have the ability to be lowered to a level of two feet and raised as high as four feet. The flexibility to adjust levels provides significantly easier access to patients of various sizes and physical limitations getting on and off the treatment

table safely. It also allows the therapist to raise the patient to a height that is better for treatment necessary for the patient.

- **Iowa Oral Performance Instrument:** The device is used to measure a patient's tongue strength, giving a base line measurement during initial evaluation, determining if decreased tongue strength is cause for the patient's difficulty swallowing and or speaking.

The Shriners have been in establishment since 1870, and are known for their support in caring for pediatric patients who have experienced orthopedic conditions, burns, spinal cord injuries and cleft lip and palate. HVCH thanks them for their continued support of the hospital.

EVENTS CALENDAR

June 7: Book Sale **HVCH Meeting Room**

The HVCH Auxiliary is hosting a summer book sale fundraiser for the hospital. Shop discounted books and gift items from 7 a.m. to 3:30 p.m. in the hospital meeting room. Payroll deduct available for HVCH employees. All proceeds benefit Hocking Valley Community Hospital.

July 13: Foundation Auction **at Hocking Hills Golf Club**

The HVCH Foundation annual charity auction will be held Friday, July 13 at the Hocking Hills Golf Club from 5:30 to 9:30 p.m. The silent auction will begin at 5:30 p.m. and the live auction will begin at 8:15 p.m. Come support HVCH!

July 14: Golf Tournament **at Hocking Hills Golf Club**

INSPIRATIONAL QUOTE OF THE WEEK

"When everything seems to be going against you, remember that the airplane takes off against the wind, not with it."

—Henry Ford

Direct to You: From Julie Stuck, CEO

Over the past several weeks I have been silently celebrating (well, maybe not silently) many “lasts” - the last Joint Commission Survey, the last meeting, the last construction project, the last set of minutes to review, and looking forward to many “firsts.” I will however, never forget my first day as CEO.



Julie Stuck, CEO

during that catastrophe was working to mitigate the damage that was being done by the flood. There were OR staff, housekeeping, plant operations, IT staff, and nursing, just about every individual who was not taking care of patients was back in the OR working. There wasn't a soul there just looking at the unusual sight - they all were there drying off equipment and moving it out of the way, mopping floors and doing anything they could to help. It was a demonstration of the essence of teamwork. That day I witnessed the true heart of HVCH.

As I write my “last” article for the weekly update, I would like to express my sincere gratitude to each of you for your teamwork, your heart, and the devotion you demonstrate everyday to our patients. There have been many accomplishments that we have shared together and I will forever be grateful for the opportunity I have been given to be a leader of this organization. I will never forget the trust and support you all have given me.

I was in a meeting when the phone rang and the person on the other line said “I think you should get back here to the OR.” What a sight to behold when I arrived. The OR was flooding due to a ceiling fire extinguisher rupture. I learned a lot that day; the pounds per square inch of water pressure, no one can turn off a fire alarm but the fire department, the sound of the rushing water actually sounds like a water fall, and having great insurance coverage is a blessing.

But the most important thing I learned that day was different from all of that. Different in the fact that everyone

All my Best,
Julie

A SUMMER TO REMEMBER

A Summertime Fun Charity Auction

In Support of Hocking Valley Community Hospital Foundation

FRIDAY, JULY 13, 2018 • 5:30 TO 9:30 P.M.
SILENT & LIVE AUCTION | ENTERTAINMENT

*Hocking Hills Golf Club,
14405 Country Club Lane, Logan*

Come and bid on auction items and trips to make your summer one to remember!

ANNUAL CHARITY GOLF TOURNAMENT

Saturday, July 14, 2018
Hocking Hills Golf Club

ONE FLIGHT ONLY; MAX 28 TEAMS

Tournament Package: \$150 per golfer
Includes breakfast, greens fee, cart fee, lunch & gift
Register at www.hvch.org or call (740) 380-8154.

HVCH Cafeteria Menu June 4-8				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Manicotti		Meatloaf	Baked Zucchini	Pizza Burger
Chicken Breast	Hot Dog/Bun	Battered Cod	Chicken Breast	Macaroni & Cheese
Roasted Potatoes	Chicken Wings	Breakfast Potato Casserole	Breadstick Mixed Vegetables	Ranch Wedges
Succotash	Tator Tots	Asparagus w/ Cashews	Carrots	Breaded Zucchini
Zucchini Breadstick	Fried Corn	Cauliflower	Bean w/ Ham Soup	Peas
Italian Wedding Soup	Spanish Rice	Beef Pot Roast Soup	Corn Muffin	Broccoli Buffalo Soup
	Tomato Soup			

Julie Stuck, CEO, retirement on June 28




 HOCKING VALLEY
 Community Hospital
 PLEASE BE OUR GUEST TO HONOR
Julie Stuck
 ON THE OCCASION
 OF HER RETIREMENT
Thursday, June 28
1:30 - 3:30 pm
 HVCH FRONT LAWN
 601 S.R. 664 N., Logan
 RSVP TO LATORICIA JOHNSTON, 740-380-8336
 OR LJOHNSTON@HVCH.ORG.



HOCKING VALLEY
 Community Hospital
 FOUNDATION

**LEADING THE WAY ANNUAL
 PARTNERSHIP PROGRAM**

Consider becoming our partner!

For more than 52 years, HVCH has cared for our community regardless of ability to pay, providing nearly \$5 million of uncompensated services annually to patients who desperately need our services. Philanthropy has always played a crucial role in the success of HVCH and we could not provide the outstanding services we perform here at HVCH without the support of our generous donors.

Depending on the level you wish to support, you or your business may receive partnership recognition. No matter the size of your gift, your dollars will make a transformational difference in the lives of many. **Contact the HVCH Foundation at (740) 380-8154 or give online at www.hvch.org - Make notations of partnership selections under additional comments.**

Farewell party for Dr. Beed on June 29

A public farewell party will be held for Dr. Elaine Beed on Friday, June 29 from 12 to 1 p.m. in the HVCH Meeting Room. Dr. Beed has provided care to area residents for nearly 30 years. While she will be vacating her Logan practice, she will continue practicing oncology in Cambridge. Please join us in wishing her the best on her future endeavours. Kindly RSVP to Beth Bell at (740) 380-8154 or email bbell@hvch.org.



START YOUR CAREER
 WITH HVCH TODAY!

Apply @ www.hvch.org

- Chief Nursing Officer (CNO) - Full Time
- Food Service Aide - Part Time - Various Hours
- Housekeeper - Contingent - Various Hours
- Registered Nurse (RN) - Special Care Unit - Full Time - Nights
- Respiratory Therapist - Full Time - Nights
- Student Intern - Healthcare Administration (Unpaid)



June is Hernia Awareness Month

June 1-30 is hernia awareness month. Each year almost 750,000 Americans are treated for hernias, yet some experts believe hundreds of thousands suffer in silence because of fear of surgery.

What is a Hernia?

A hernia occurs when parts of an organ (usually the intestines) protrudes through a weak point or tear in the thin muscular wall that holds the abdominal organs in place. People at risk of developing a hernia are typically those performing chronic lifting or activities that require straining, which increases intra-abdominal pressure. However, the various types of hernias can occur in both males and females of any age.

Signs and Symptoms

Most people with hernias have a common set of signs and symptoms. A bulge is the most typical sign of a hernia. Hernias can cause discomfort or pain during your daily activities—especially when you exert yourself. They can also cause discomfort or pain during urination or bowel movements and a feeling of weakness or pressure in the groin area.

Patients should seek medical help if a hernia is suspected and should seek further evaluation by a medical professional—especially when pain or discomfort persists.

Did you know that if your physician recommends surgery to treat your hernia, you can have that done right here in Logan at HVCH? Completing your surgery and receiving treatment here, allows you to develop a long lasting and continual relationship with your medical team within your own community.

Our general surgeons Dr. Michael Tornwall and Dr. Timothy O'Brien are just a phone call away! They can be reached at (740) 380-1300.



**Effective SUNDAY JULY 1ST ,
the Urgent Care at HVCH will have
new hours to better serve you.**

**The Urgent Care will be open from:
10:00am-9:00pm
(seven days/week)**



We Are Moving!

**New Address Effective June 11
819 S.R. 664 N., Logan**

Hocking Valley Medical Group Orthopedic Group Scott Cryder, PA-C, Dr. Mark Holt, and Dr. Matthew Kauffman also have relocated their offices into the Medical Arts Building at 819 S.R. 664 N., Logan.



HOCKING VALLEY Community Hospital

OUR MISSION

To provide extraordinary care close to home now and into the future.

OUR VISION

To provide our community an unparalleled patient experience through world class service that is both compassionate and professional.

HVCH is a critical-access hospital located in the city of Logan, Ohio, which serves residents in Hocking and surrounding counties. With more than 325 employees, our staff is here to serve the residents and visitors of our Hocking Valley community through various ancillary and emergency care services. HVCH is Joint Commission accredited, and we offer a wide range of primary, acute, and rehabilitative services. We are pleased to provide 24-hour emergency services to our patients through our ER and Urgent Care. Additionally, our surgical center, rehabilitation center, physical therapy clinic, pain control and wound clinic, imaging, laboratory, cardiovascular/cardiopulmonary, sleep clinic, geriatric psychiatric, and oncology services are also available. We are proud of our facility. HVCH is affiliated with OSUWMC, improving healthcare services to the Hocking and surrounding counties in the areas of general surgery and orthopaedics. HVCH also is a part of the Ohio State Health Network.