



HOCKING VALLEY
Community Hospital

LEADING THE WAY TO A HEALTHIER COMMUNITY

DEC. 6, 2019

Weekly Update

HVCH holds 4th Annual Holiday Affair



Thanks to everyone who joined us at our 2019 Holiday Affair "Christmas at the North Paw." We had an amazing evening! Special guests were the Columbus Zoo and Hocking County Humane Society. The zoo had a variety of animals on display and the the Humane Society had many animals up for adoption. Santa and Mrs. Claus made an appearance, as well as HVCH Pet Therapy dog Becca and Hocking County Sheriff's Office K-9 Emma.

All the evening's performers sounded fabulous: Hocking Hills Senior Center Choir, Logan High School Choir, and Hocking Hills Children's Chorus. Many loved ones were remembered and honored during the Celebration of Lights tree lighting ceremony. A special thanks to Dr. Mark Fratzak for performing for the service. Also, thanks to the many vendors who came and set up as well. It was a wonderful time and we hope to see you next year!

See more pictures from the event on page 4.

EVENTS CALENDAR

December 7: Logan Santa Parade Downtown Logan

The annual Logan Santa Parade will be held in downtown Logan on Saturday, December 7 at 2 p.m. Parade begins at Hocking County Fairgrounds and ends at the Hocking Mall. Come see all the "superheroes" from HVCH and other organizations.

December 6-13: TWIG VI Ham Sale Pickup December 22 at HVCH

TWIG VI is conducting a HoneyBaked Ham fundraiser for HVCH. A variety of HoneyBaked hams, turkey and desserts are available to purchase. Items will be delivered to Hocking Valley Community Hospital on Sunday, Dec. 22 for pickup between 12-1 p.m. To order, please call 740-603-3060 or 740-380-8154. Payroll deduction available for hospital employees. Deadline to order is Friday, Dec. 13.

INSPIRATIONAL QUOTE OF THE WEEK

"The happiness of your life depends upon the quality of your thoughts: therefore, guard accordingly, and take care you entertain no notions unsuitable to virtue and reasonable nature."
—Marcus Aurelius

Direct to You: From Stacey Gabriel

I hope that you all had a wonderful Thanksgiving Day and were able to stuff yourselves full of



Stacey Gabriel, CEO

turkey and all of the trimmings. As I was enjoying time with family and friends, I took some time to reflect on everything in my world that I am thankful for. It first starts at home and how thankful I am that I have a family that is supportive and understanding of my crazy schedule and sometimes late hours. I know the kids are older now, which is very helpful as they can all drive themselves to where they need to be. Josh manages to help with things around the house too, even with all of the things he has going on. Being where I am needed is always a priority.

I am extremely thankful to be able to work in an organization whose purpose is to help and heal. Not everyone can say that. Working in

healthcare is so rewarding. You have the opportunity to connect with patients and families. To explain and educate about a disease process or treatment plan. To alleviate anxiety when someone just can't fully understand what is happening. To put your talents to use when providing care to a patient or making sure our hospital is in working order. I am thankful for you all, as you give selflessly and focus on meeting the needs of the patient.

I am thankful for those of you in our community. I love our town and the beauty that surrounds. Sometimes I think we take for granted our hills and valleys. It's majestic enough that 4.5 million people come here each year, and I find myself appreciating it more and more. I love that our hospital gives back to this wonderful community in so many ways. I am excited about what we are planning for the future of HVCH and how we will continue to meet the needs of our community for many years to come.

thankful



Winner Winner Chicken Dinner!

The lucky winners of the OSU v. The Team Up North Fundraisers are: 1st Quarter Winner: Janelle Green; 2nd Quarter Winner: Beth Bell; 3rd Quarter Winner: Nick Kost; Final Score Winner: Amber Lehman. Each won \$250 and the HVCH Foundation raised \$1,000 to help continue the charitable causes in supporting the hospital. Thanks to all who participated!



We love our Seniors!

HVCH received many generous donations for the "Secret Santa for Super Seniors" program.

Thanks to all who donated & helped brighten the life of a local home-bound senior this winter!

HVCH Cafeteria Menu Dec. 9-Dec. 13

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Fried Rice	Meatball Sub	Turkey Burger	Burritos	Hot Dog/Bun
Sloppy Joe	Chicken Fingers	Bacon Cheeseburger	Loaded Nachos	Battered Cod
French Fries	Spinach & Cheese Casserole	Cheesy Hashbrowns	Baked Potato Bar	Green Beans
Carrots	Potatoes	Corn Broccoli	Fried Rice	Vegetable Medley
Cabbage	Cauliflower Breadstick	Onion Rings	Brussels Sprouts	Peas
Broccoli	Chicken Soup	Tomato Soup	Beef Pot Roast	Cauliflower Cheese Soup
Potato Soup			Soup	

Advent Calendar Winners named

The Hocking Valley Community Hospital Advent Calendar Giveaway has begun! Winners from this week include: Dec. 1 - Rebecca Clark, Dec. 2 - Heather Westenbarger, Dec. 3 - Mary Leffler, Dec. 4 - Jennifer Horner, Dec. 5 - Jacqueline Stufflebeam, Dec. 6 - John Chappelle. Community members can be entered to win a giveaway prize by liking the holiday greeting from HVCH CEO Stacey Gabriel on the hospital's Facebook page or commenting on the post.



Senior accountant promoted to new role

Randy Montgomery, HVCH's senior accountant, has been promoted to a new role as Director of Finance. Over the past year, Randy has increasingly taken on additional responsibilities in the Finance Department, including overseeing the accounting functions related to the Rural Health Clinic and is leading the team responsible for replacing the general financial and payroll software. Randy assumed the new title on December 1. Prior to joining HVCH, Randy was an auditor for JC & Company and uses this knowledge to ensure the financial reporting at HVCH is of the highest standard.

We look forward to having Randy as a part of the leadership team.



New Director of Materials Management named

HVCH would like to welcome Frank Gayheart to the hospital leadership team as the Director of Materials Management following the retirement of current director Kathy Neel. Frank served in the United States Marine Corps for several years before his entry into healthcare. He has served the Kettering Health Network since 2006 in increasing roles of responsibility in the supply chain, where he most recently was the Materials Manager for the Trihealth Rehab Hospital. Frank and his family will be relocating to the area to be closer to family.

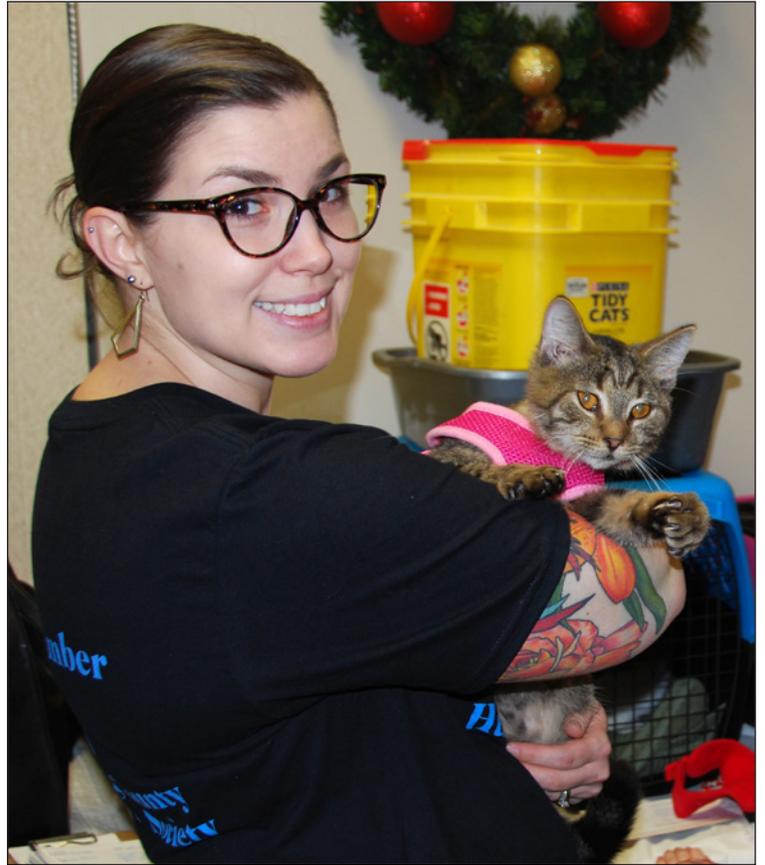
We look forward to welcoming Frank aboard and wish Kathy the best of luck in her retirement.



START YOUR CAREER WITH HVCH TODAY!

Apply @ www.hvch.org

- Desktop Support Technician - Information Services - Full Time
- Environmental Services Associate/ Housekeeper - Full Time
- Licensed Practical Nurse (LPN) - Behavioral Health Unit - Full Time
- Mental Health Tech (STNA) - Behavioral Health Unit - Contingent/PRN
- Nurse Practitioner - Psychiatric/Behavioral Health Services - Full Time
- Patient Registration Clerk - Contingent/PRN
- Registered Nurse (RN) - Inpatient Services - Part Time
- Registered Nurse (RN) - Behavioral Health - Contingent/PRN
- Registered Nurse (RN) - Behavioral Health Unit - Full Time
- Registered Nurse (RN) - Float - Full Time
- Registered Nurse (RN) - Special Care Unit - Full Time
- Respiratory Therapist - Full Time
- State Tested Nursing Assistant (STNA) - Inpatient Services - Full Time





Family Support Group

Support group for families with loved ones with autism, sensory and/or ADHD

HVCH Outpatient Rehabilitative Services is offering a free support group to family members with loved ones who have been diagnosed with Autism, Sensory processing Disorder, and/or ADHD. The group will help network and connect families with services, support, and other families. The group will meet at the HVCH Outpatient Rehab. Clinic located at the CIC Building, Entrance B, 541 S.R. 664 N., Logan. The group will meet from 5:30-6:30 p.m. the fourth Wednesday of every month. Please RSVP by calling or texting Jacob Craig at 614-446-8679 or email jcraig@hvch.org.



December Volunteer Opportunities

Food Distributions:

Gallia County (Fairgrounds) - Dec. 10 from 10-11:30 a.m.
 Meigs County (Fairgrounds) - Dec. 17 from 9:30-11 a.m.

Saturday Box Packing:

Foodbank (Logan) - Dec. 7 from 9 a.m.-12 p.m.
 Foodbank (Logan) - Dec. 21 from 9 a.m.-12 p.m.

Warehouse Help:

RSVP by Wednesday to help around the warehouse any-time between 9 a.m. and 2 p.m. every Thursday!

If you are interested in volunteering, please email HAPCAP at volunteer@hapcap.org. or call 740-385-6813 ext. 2207.

Paw-Paw tree auction raises money for Hocking County Humane Society

A Chinese auction of "Paw-Paw" trees held in conjunction with HVCH's Christmas at the North Paw event raised \$530 for the Hocking County Humane Society. Local organizations and individuals donated animal-themed table top trees for the auction. Thank you to everyone who donated and everyone who participated in the auction. We are glad to be able to support other organizations in our community!





TWIG VI

“HoneyBaked” Ham Company Fundraiser

Order for Christmas now thru Friday, December 13, 2019

Products	Servings	Price	Qty
4 lb. Boneless Half Ham	5-6	\$43.00	
8 lb. HoneyBaked Ham	6-8	\$68.00	
9 lb. HoneyBaked Ham	10-12	\$75.00	
10 lb. HoneyBaked Ham	12-15	\$83.00	
8 lb. Boneless Whole Ham	10-12	\$90.00	
Turkey Breast <u>Smoked or Roasted</u>	8-10	\$30.00	
Southern Pecan Pie	8-10	\$11.00	
Cinnamon Walnut Coffee Cake	8-10	\$18.00	
New York Style Cheesecake Sampler	12	\$22.00	
Triple Chocolate Cake	6-8	\$22.00	

Please circle your choice of **Smoked** or **Roasted** where needed!

Name: _____

Address: _____

City & Zip: _____

Home Phone: _____

Cell Phone: _____

Money is due at time of order. Check or cash is accepted. Please make your check payable to TWIG VI and return to HVCH Attn: Community Relations, P.O. Box 966, Logan, OH 43138. Call Carolyn Geiger at 740-603-3060 or the HVCH Community Relations Office at 740-380-8154 for more information.

All products, excluding gift certificates, are perishable and must be refrigerated as soon as possible.

Hams must be consumed or frozen within 6 days of pickup.

Turkey breasts must be consumed or frozen within 4 days of pickup.

PICK UP ORDERS AT HVCH FRONT LOBBY

SUNDAY, DECEMBER 22ND

From 12 Noon – 1:00 p.m.



HOCKING VALLEY Community Hospital

OUR MISSION

To provide our community an unparalleled patient experience through world class service that is both compassionate and professional.

OUR VISION

To provide extraordinary care close to home now and into the future.

HVCH is a critical-access hospital located in the city of Logan, Ohio, which serves residents in Hocking and surrounding counties. With more than 325 employees, our staff is here to serve the residents and visitors of our Hocking Valley community through various ancillary and emergency care services. HVCH is Joint Commission accredited, and we offer a wide range of primary, acute, and rehabilitative services. We are pleased to provide 24-hour emergency services to our patients through our ER and Urgent Care. Additionally, our surgical center, rehabilitation center, physical therapy clinic, pain control and wound clinic, imaging, laboratory, cardiovascular/cardiopulmonary, sleep clinic, geriatric psychiatric, and oncology services are also available. We are proud of our facility. HVCH is affiliated with OSUWMC, improving healthcare services to the Hocking and surrounding counties in the areas of general surgery and orthopaedics. HVCH also is a part of the Ohio State Health Network.