

Employee News in Brief

- **Healthy Options for Night Shift:** Night shift staff can now have access to some of the healthy options from the grab and go cooler in the cafeteria. The nursing supervisor will be able to facilitate getting access to the items in this cooler, and staff will need to payroll deduct as a means of purchasing these items. Please coordinate times and needs with the nursing supervisor working on your shift.
- **Please note:** Visitors who are onsite for reasons of testing or visiting another patient are now welcome to visit the cafeteria. The cafeteria is open to only individuals who have a purpose for being at HVCH - not open to the public in general.
- **Retro Meals:** In honor of the hospital's 55th anniversary, the cafeteria will be serving popular meals from the 50s. Retro meals will be served on the last day of each month. April 30th: Pot Roast; Baked Fish; Creamed Peas; Harvard Beets; Herb Rice

UPCOMING CLASSES

Provided by Kandy Fizer, MSN, RN, Director of Education

CPR

(Two sessions offered: 8–11 a.m. or 1–4 p.m.)

May 20

July 15

ACLS

New - October 4-5th at 9 a.m.

Renewal - October 6th at 9 a.m.

Renewal - October 7th at 9 a.m.

PALS

New - July 6-7th at 9 a.m.

BIRTHDAYS

SATURDAY

Dana Juniper,
Respiratory Therapist

SUNDAY

Richard Mcculloch,
Registered Nurse

TUESDAY

Geoffrey Perry,
*Director of Plant
Operations*

Subscribe

Renewal - July 8th at 9 a.m.
Past Issues

Mandatory STNA Education
November 15th 1-5 p.m.
November 16th 8 a.m.-12 p.m.
November 19 8 a.m.-12p.m.

Preceptor Training
August 25th 8 a.m.-2:30 p.m.

Peer Interview Training
June 2nd 8-10 a.m.

Registration required via [HealthStream](#) –
“Catalog” tab.
Class locations will vary

WEDNESDAY
Barbara Spence,
*Environmental
Associate*

THURSDAY
Ginger Hutchison,
*Medical Records
Clerk*

FRIDAY
Ward Murrey,
Nuclear Medicine



EMPLOYEE REFERRAL BONUS

Please note the following criteria:

- Open to all hourly employees (excluding HR)
- Application must list your name as referral for tracking.
- If the Applicant is hired and employed at 90 days you get \$250. If they are still employed at 6 months you get another \$250, for a total of \$500!
- Can be a referral for any department- does not have to be your own

Please call the HR dept. if you have any questions!

Happy Referring!



Virtual Information Session

Lunch provided from Pizza Crossing

Registration Required. Limited to 10 seats.

RSVP by May 5th

Learn about: Hocking Valley Community Hospital's partnership with Mount Carmel College of Nursing to offer a preferred tuition for RN to BSN completion program

Presenter: Nicole Lambert, *Mount Carmel College of Nursing*

Date: May 12th

Time: 11:30am – 12:00pm

Place: Meeting Rooms A&B

Contact: Kandy Fizer, kfizer@hvch.org or X8384

Subscribe

Past Issues



ATTENTION: RNS AND LPNS

A new course has been added to
your To-Do List in



Course Name: *Ohio Laws and Rules for Nurses and
Certified Professionals*

DUE DATE: OCTOBER 1, 2021

This course satisfies the nursing licensure Category A
continuing education requirements.

Refer to

<https://codes.ohio.gov/ohio-administrative-code/chapter-4723-14>

for the continuing education requirements for licensed
practical and registered nurses.



HOCKING VALLEY
Community Hospital

[Subscribe](#)

[Past Issues](#)

55 YEARS



HOCKING VALLEY
Community Hospital

WEEKLY UPDATE

April 23, 2021

National Volunteer Week

April 18 - 24, 2021



HOCKING VALLEY
Community Hospital



An average of 8.8 billion hours are contributed through volunteering in the U.S. each year

Subscribe

Past Issues

People who volunteer

over 100 hours per year are some of the healthiest people in the U.S.



The national value of volunteer time is \$24.14 per hour

Heartfelt
Thanks To Our
Volunteers

Covid-19 Vaccine Eligibility

[Subscribe](#)

[Past Issues](#)



Hocking Valley Community Hospital is pleased to provide Covid-19 vaccines to our community. Call **740-380-8402** to schedule an appointment.

Unsure if you are eligible for the vaccine? Select below to learn more.

[Find COVID Vaccine Eligibility, and Book an Appointment Here!](#)

DIRECT TO YOU

Stacey Gabriel, Chief Executive Officer

April 18-24 has been dedicated as National Volunteer Appreciation week. We are fortunate at HVCH to have some of the best volunteers around. They help with everything from delivering mail to working various events. They have dedicated countless hours to our community hospital.

Volunteering is a way to give back. It's a way to make something better. It's not hard to find volunteer opportunities right here in your own backyard. The beauty of downtown- that was made possible by the assistance of volunteers- first by those who offered time to clean up

Subscribe

Past Issues

the trash followed by another group that planted the beautiful flowers and redid the

landscaping. The updates to the theater building would not have been possible without hundreds and hundreds of hours of volunteer work. There is yet another group that is making Mingo Park look vibrant yet again. There are those that volunteer to coach various teams, or lead children in 4-H... also great opportunities to impact the lives of our youth. All of these projects will make a difference in the lives of others in some way.



You can volunteer as an individual, you can make it a family affair, or you can arrange for a group from work to help out a cause. I promise you, it will be time well spent and you will find that it sparks the desire to want to volunteer again. Find something that you are passionate about, and make it a priority to give back to that cause in some way. I recently volunteered for the downtown clean-up. I was amazed at the things people toss

out of their windows as they drive down the street or are walking down the sidewalks. I think my most unique find was the handle part of a toothbrush LOL. It was only two hours out of my day... but I know it meant the world to Hocking Soil and Water to have so many come out and help!!



To our HVCH volunteers- we cannot thank you enough for the time you have committed and the dedication you have shown to making HVCH a better place. We are glad that we

-Stacey

Plant Sale Pick-up This Sunday



Pick up for TWIG II plant sale is this Sunday, 4/25 from Noon-2, at the Fairgrounds Shelter House.



HOCKING VALLEY
Community Hospital

FREE

SPORTS PHYSICALS

WEDNESDAY, MAY 19, 2021
4:00 PM – 8:00 PM

HVCH RURAL HEALTH CLINIC
1383 W. HUNTER ST., LOGAN

Physicals will be offered **FREE**
of charge to all athletes of the
Logan-Hocking School District.

**Masks are required and
attendance is limited to the
athlete and ONE parent or guardian.**

Before your physical, you **MUST:**

1. Set up account or update all information in Final Forms. Final Forms set up instructions are found on the Logan-Hocking Athletic website.
2. Print out physical form on Final Forms and bring it with you.

LEADING THE WAY TO A HEALTHIER
COMMUNITY!



Medical Laboratory Professionals Week

APRIL 18 - 24 2021

FAQ'S

+ Do medical laboratory professionals work 24/7?

Yes, in a hospital setting they do.

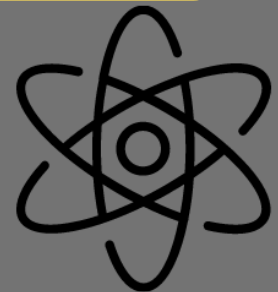


+ What does a day in the life of a medical laboratory professional look like?

Customer service, specimen collection, answering phone calls, processing lab reports, perform testing on various blood and body fluids, reporting test results, maintaining and trouble shooting lab equipment, and supply management.

+ Are community members able to come to HVCH to have labs done as a outpatient or is the lab strictly for inpatients?

Yes, Hocking Valley Lab is open 24/7 for outpatient lab services.



Krispy Kreme Donut Fundraiser



Show your support and eat it too! \$9.00 a dozen, pre-paid orders only. Pick up date is Thursday May 13th 9:30 am to 1:00 pm, Community Relations & Foundation Office located in the CIC building, Suite B, next to HVCH. We are limited to how many we can order so sign up ASAP! Click on the link below to order yours now!

Employees: Orders may be payroll deducted

<https://app.etapestry.com/onlineforms/HockingValleyCommunityHospita/donutsfundraiser.html>



[Subscribe](#)

[Past Issues](#)



DON'T MISS OUT TOMORROW APRIL 24TH!

Schmidt's Sausage Truck is Back!

**Join us on Saturdays April 24; May 22; June 26 and August 7
11 am - 6 pm each day while supplies last**

Located on Lake Logan Road across from
Campbell Cove Campground

All Proceeds Benefit



HOCKING VALLEY
Community Hospital
FOUNDATION

[Click Here to View Full Menu](#)

HVCH Foundation Golf Tournament



GOLF

TOURNAMENT

WEDNESDAY, JUNE 2, 2021

Hocking Hills Golf Club
14405 Country Club Lane, Logan

7:45-8:45 AM: Registration
8:45 AM: Flight Instructions
9:00 AM: Scramble starts
DURING PLAY: Lunch on the go

REGISTRATION COST: \$100 per golfer - includes greens fee, cart fee, golfer gift, snack bag & lunch.

FORMAT: One flight four-person scramble
The tournament reserves the right to determine handicaps for those with no established handicap. Max handicap is 20. Max female handicap is 30.

PRIZES & Course Challenges:
Low Net Score
Low Gross Score
Longest Drive (Men's & Women's)
Longest Putt
Skins Game

Register online at www.hvch.org or complete the form below.

All proceeds from this event benefit Hocking Valley Community Hospital Foundation and the patients of the hospital.

I would like to participate in the 35th annual HVCH Foundation Golf Tournament.

_____ \$100 Individual Tournament Package

_____ \$400 Team Tournament Package

I am unable to attend, but would like to make a donation to the HVCH Foundation: \$_____.

Name: _____

Company: _____

Address: _____

Phone: _____

Email: _____

Handicap: _____

Name & number of club/league to verify handicap: _____

Single Player/Foursome will include:

_____ HDC _____

_____ HDC _____

_____ HDC _____

_____ HDC _____

MULLIGAN \$5 each (Limit 2 per player) _____

50/50 RAFFLE TICKET \$10 each _____

SKINS GAME \$40 per team _____

Payment:

_____ Check made out to HVCH Foundation

_____ Please charge my credit card:

Name on Card _____

Card # _____

Expiration Date: _____ CVC# _____

Please return registration and payment to:
HVCH Foundation, P.O. Box 966, Logan, OH 43138
For more information, call (740) 380-8336.

Print Your Registration Form Here

Happy Health



Information
Professionals
Week



[Subscribe](#)

[Past Issues](#)



Happy
Administrative
Professionals
Week!

April 18 - 24, 2021

April is National
OCCUPATIONAL
THERAPY *Month*

transforming lives. building independence. providing hope



HVCH Celebrates Occupational Therapy Month

The American Occupational Therapy Association (AOTA) celebrates Occupational Therapy Month during the month of April, and at Hocking Valley Community Hospital we have an ever-expanding Occupational Therapy department to serve the community.

Located in the CIC building next to the hospital, therapists treat patients from newborns to senior citizens, as well as assisting students in the Logan-Hocking school systems at their individual schools.

Occupational therapy aids to facilitate a person's ability to be as independent as possible, helping to regain function after an accident or when dealing with a disease process.

"In our outpatient clinic, we see patients with a variety of deficits from hand injuries, wrist/elbow injuries, and amputations" said Julie Freeland, COTA. "We work with patients recovering from strokes who need to improve their daily living skills."

Occupational therapy programs can educate and rehabilitate patients who are struggling with arthritis, carpal tunnel syndrome and trigger finger releases. HVCH accepts private insurance, Medicare, Medicaid, and Bureau of Workers Compensation.

Inpatients often have more complex medical needs, such as multiple chronic diseases requiring a team approach to address daily living skills, strength, and balance.

School based programs focus on helping students who are having difficulties demonstrating age-appropriate fine motor, visual motor, and hand-writing skills, as well as students with sensory integration delays. Middle and high schoolers may also have goals

that require vocational skills needed for adulthood.

Subscribe

Past Issues

To learn how HVCH can help serve you with occupational therapy services, call 740-380-8284 today!



CAR TIRE
\$4.00



ON RIM
\$6.00



LIGHT TRUCK TIRE
\$5.00



ON RIM
\$8.00



TRUCK TIRE
\$10.00



ON RIM
\$15.00



TRACTOR TIRE
\$25.00



COUCH
\$10.00



HIDE A BED
\$15.00



STUFFED CHAIR
\$5.00



MATTRESS
\$5.00



BOX SPRING
\$5.00



TV (CRT)
UNDER/OVER 20"
\$5.00/\$10.00



TV (FLAT SCREEN)
\$20.00



AIR CONDITIONER
NOT ACCEPTED



REFRIGERATOR
NOT ACCEPTED



WATER HEATER
FREE



WASHER
FREE



DRYER
FREE



STOVE
FREE



DISHWASHER
FREE



MICROWAVE
FREE



TOASTER
FREE



VACUUM
FREE



FAN
FREE



FLUORESCENT TUBE
4 FT. AND UNDER
30¢ EACH

FLUORESCENT TUBE
5 FT. AND OVER
35¢ EACH



COMPACT BULB
35¢ EACH

CLEAN SINGLE STREAM RECYCLABLES

Computer/Office paper
Newspaper
Magazines/Catalogs
Corrugated cardboard
Paperboard (cereal boxes, etc.)

Glass (clear, brown, blue, green)
Aluminum cans
Tin/Steel cans
Scrap aluminum and metal
Plastics 1-5

FREE

E-Waste (electronics)
Scrap Metal (ferrous and non ferrous)
Household Batteries



HOCKING COUNTY SPRING RECYCLING DAY

May 8th, 2021 9am-1pm

33845 Sutton Rd. Logan, Ohio 43138
(Off St. Rt. 93 North, just past the GE plant)



(740) 753-6885 | ahswd.org
P.O. Box 693, Athens, Ohio 45701

MONDAY

Chicken Fettuccine; Sloppy Joe;
French Fries; Seasoned Carrots;
Blended Veggies; Seasoned
Broccoli

TUESDAY

Meatball Sub; Chicken Fingers;
Spinach and Cheese Casserole;
Tater Tots; Seasoned Cauliflower

WEDNESDAY

Turkey Burger; Bacon
Cheeseburger; Cheesy
Hashbrowns; Battered Onion
Rings; Seasoned Broccoli

THURSDAY

Breaded Chicken Wings; Macaroni
and Cheese; French Fries;
Seasoned Cauliflower; Seasoned
Green Beans

FRIDAY

Pot Roast; Baked Fish; Creamed
Peas; Harvard Beets; Herb Rice

- [Ambulette Driver - Contingent/PRN](#)
 - [Computer and Network Technician \(IT II\)- Full Time](#)
 - [Director of Behavioral Health Unit](#)
 - [Emergency Room Technician - Full Time, Nights](#)
 - [Environmental Services Associate/Housekeeper - Contingent - Various Hours](#)
 - [Environmental Services Associate/Housekeeper - Part Time, Variable Hours](#)
 - [Environmental Services Associate/Housekeeper - Full Time, Days, Variable Hours](#)
 - [Front Desk Receptionist](#)
 - [HVAC Maintenance Technician- Full Time](#)
 - [Licensed Practical Nurse \(LPN\) - Urgent Care - Contingent](#)
 - [Licensed Practical Nurse \(LPN\) - Rural Health Clinic](#)
 - [Mammography/CT Technologist - Full Time - Day Shift](#)
 - [MRI Technologist - Full Time - Day Shift](#)
 - [Registered Nurse \(RN\) - Emergency Department - Contingent/PRN](#)
 - [Registered Nurse \(RN\) - Emergency Department - Full Time - Nights Shift](#)
 - [Registered Nurse \(RN\) - Emergency Department - Part Time - Nights Shift](#)
 - [Registered Nurse \(RN\) - Float - Full Time - Nights](#)
 - [Registered Nurse \(RN\) - PRN/Contingent - Inpatient Services](#)
-
-

[Subscribe](#)

[Past Issues](#)



It's Okay to Ask for Help.

If you or someone you know needs emotional support, we can help.

Call the Ohio CareLine 24/7 for free help: 1-800-720-9616.

#InThisTogetherOhio

Brought to you by the Ohio Department of Health.



Subscribe

Past Issues



The Hocking County Kidpalooza Committee Proudly Presents...



Kidpalooza

FREE



Event for Infants, Toddlers, Preschoolers, and their families.

Thursday May 13th 2021



New Location

10am – 2pm

Hocking County Fairgrounds 150 N Homer Ave, Logan, OH 43138

Drive-Thru Event



11:00 AM-1:00 PM

SPONSORED BY



SPONSORED BY

CareSource



★ Door Prizes!

HCBDD

Hocking County Board of Developmental Disabilities

facebook



For More Information Call Misty at (740)380-1315

New Life

Every Spring, new life pops up everywhere. With great anxiousness we can hardly wait for signs of spring and new life. Having spent most of my life growing up in the south, the changes of seasons were nowhere near as noticeable. In Florida and South Carolina it was mostly green year round and flowers of one kind or another were always blooming. What a stark contrast to the change of seasons here in Ohio and especially when spring blooms. After the fall season when everything dies, and the cold, dreary winters move on, new life of spring is so refreshing and encouraging. Everyone gets so excited about this new life of spring. "Old Man Winter" is gone and spring has sprung.



Having birthed four children...wait a minute, let me rephrase that...my wife birthed four children. I just got in trouble with my wife and all the moms. I was present at the birthing of our four children and what a thrill to see new life. It is hard to describe the joy of new life. Holding those sweet little innocent children for the first time is indescribable. Everyone is excited for the new birth - dad, mom, grandparents, aunts, uncles. Then you become a grandparent and the thrill of new birth starts all over again from a new perspective. Now, you get to hold those sweet little ones, spoil them rotten and send them back home. That is an absolute blast!

Our most recent grandchild (Ivory Joy) was born eight weeks ago and the excitement of the new birth was all abuzz. She is our eighth granddaughter, and in just one week our first grandson will be born and the fun of new birth starts again. We even take polls among family members trying to guess weight and length of the grandbabies. Why? Because we are all excited about the new birth.

There is a spiritual principal about new birth as well. New birth is found in a very familiar place in the Bible. Most people have heard of John chapter 3, verse 16. Maybe you have even seen people holding signs at professional sporting events with JOHN 3:16. It is a fascinating story of a conversation between Jesus and a man named Nicodemus. In that story, Jesus tells Nicodemus about new birth. He called it being born again, which really startled ole Nick. The new birth Jesus was talking about was not just a new flower budding that will then die off in the fall of the year. The new birth Jesus was talking about wasn't the birth of a new baby, who will then one day grow old and eventually succumb to death. The new birth Jesus was talking about was a new birth that will last for all eternity. It is a

[Subscribe](#) [Past Issues](#)

new birth that defies logic and human understanding. It is a new birth that is sweeter than a fresh-sprung flower and sweeter than the coo of a new born baby. Have you ever experienced this new birth? You will not find it blooming in the front yard, nor will you find it in the maternity ward of any hospital. But, you will find it written throughout the pages of the Bible. Check it out!

55 Ways to Be a Better Me



Stress Therapy with Nelsonville Quilt Company

“QUOTE”

"Do not let what you cannot do interfere with what you can do."

-John Wooden



OUR MISSION

To provide our community an unparalleled patient experience through world class service that is both compassionate and professional.

OUR VISION

To provide extraordinary care close to home now and into the future.

HVCH is a critical-access hospital located in the city of Logan, Ohio, which serves residents in Hocking and surrounding counties. With more than 325 employees, our staff is here to serve the residents and visitors of our Hocking Valley community through various ancillary and emergency care services. HVCH is DMV accredited, and we offer a wide range of primary, acute, and rehabilitative services. We are pleased to provide 24-hour emergency services to our patients through our ER and Urgent Care. Additionally, our surgical center, rehabilitation center, physical therapy clinic, pain control and wound clinic, imaging, laboratory, cardiovascular/cardiopulmonary, sleep clinic, geriatric psychiatric, and oncology services are also available. We are proud of our facility. HVCH is affiliated with OSUWMC, improving healthcare services to the Hocking and surrounding counties in the areas of general surgery and orthopaedics. HVCH also is a part of the Ohio State Health Network.