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WEEKLY UPDATE

May 14, 2021

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HOCKING VALLEY
Community Hospital

Celebrating National Hospital Week

“Our community is blessed because of the courage and resilience of the employees at Hocking Valley Community Hospital,” said President & CEO Stacey Gabriel as they celebrated hospital week May 9-15, 2021.

In the annual recognition ceremony, Gabriel shared with staff their importance at HVCH and the challenges they faced over the past year. “You embraced a year where you were challenged physically, emotionally, mentally, and spiritually. You wore copious amounts of PPE to ensure protection from an unknown virus. We processed information and abided by guidance that seemed to change hourly on some days. We asked families to remain home when loved ones were admitted, and turned to visitation through a window to keep patients, staff, and family as safe as we possibly could. All of this felt very strange to us but we did what was necessary for our community and each other.”

Gabner also thanked families of staff for their selflessness as “It did not go unnoticed your families played a significant role in your ability to continue doing what you do. As hard and scary as it was at times, they supported you in your efforts to make a difference. For that, we are grateful.”

“The last year has been uncomfortable to say the least, but we can finally see light at the end of this long, proverbial tunnel,” Stacey reminded staff. “The fight against COVID is not quite over, but we get closer with each passing day. We were unable to celebrate hospital week in 2020, and I am so glad we are able to gather together today. Today we celebrate **all of you** for what you have endured over the past year. I will never be able to thank you enough for your unwavering dedication to serve those in need.”

HVCH recognized staff who have given 889 years collectively to the hospital.

Celebrating 10 years of service are:

- Robert Wentz, Physical Therapy Assistant
- Elizabeth Coulardot, Operating Room Technician
- Lisa Jordan Castle, Nursing Supervisor
- Laura Bentley, RN, ED
- Karla Good, RN, SCU
- Sarah Kilbarger, RN, Outpatient Clinic
- Austin Walton, Respiratory Therapist
- Amanda Rose, Patient Registration Clerk

Employees with 15 years of service are:

- Rajeshri Ram, MHT, Behavioral Health Unit
- Alison Herges, RN, Behavioral Health Unit
- Brian Longnecker, Director Information Services
- Molly Ellinger, Physical Therapy Assistant
- Gina Burgess, Dietary Aide, Nutrition Services
- Cheryl Sampson, Rehab Office Coordinator
- Matthew Davis, Operating Room Technician

Employees who have served at HVCH for 20 years are:

- Mindy Davis, Director of Infection Control
- Karen Standiford, Physical Therapy Assistant
- Eileen Grywalski, Physical Therapy Assistant
- Rebecca McCarty, Physical Therapist
- Julie Freeland, Occupational Therapy Assistant
- Andrea Wright, Occupational Therapist
- Rebekah Driscoll, Medical Records Coder

- Romona DeLong, Dietary Aide, Nutrition Services
- Andrea Canale, Unit Secretary, Emergency Dept
- Ward Murrey, Nuclear Medicine

30 year honorees are:

- Peach Hutchison, Medical Records Clerk
- Janelle Green, Director of Performance Improvement and Environmental Services
- Mary Chorniak, RN, Surgery

And, staff who have worked at HVCH for more than 30 years are:

- 31 years – Crescent Rooker, RN, Emergency Department
- 31 years – Rana Goss, RN, Inpatient Services
- 31 years – Missy Poling, Director Social Services
- 31 years – Jane Shannon, RN, Behavioral Health
- 32 years – Kandy Fizer, Director of Education
- 32 years – Teresa Downs, RN SCU
- 34 years – Holly Gompf, RN Outpatient Clinic
- 35 years – Lori Linton, Nursing Supervisor
- 37 years – Sheri Thompson, Payroll Coordinator
- 39 years – Geoff Perry, Director Plant Operations
- 39 years – Letha Burrell, RN Surgery
- 42 years – Marilyn Johnson, Office Assistant Surgery



Governor DeWine Announces Vaccine Incentives, End Date for Health Orders

(COLUMBUS, Ohio)—Ohio Governor Mike DeWine on Wednesday announced a series of statewide drawings to provide incentives to Ohioans to get a COVID-19 vaccination. With wide access to the life-saving vaccine to help Ohioans safe, Governor DeWine also announced that most COVID-19 health orders would be removed on June 2nd. DeWine made the announcements during a statewide address to Ohioans Wednesday evening. “For a year, Ohioans have made sacrifices to save lives and keep our state moving

forward. "What you have done has really worked! And now, we have a powerful weapon that is almost 100 percent effective in beating the virus," Governor DeWine said in his remarks. "Simply put, the vaccine is stronger and better than medical experts ever imagined. And now, everyone 12 and over can use it to protect themselves -- to put an invisible shield of protection around themselves. Everyone can now control their own health—their own destiny."

Vaccine Incentives/Statewide Drawings

In an effort to increase the number of Ohioans who currently have not taken a COVID-19 vaccine to get vaccinated, Governor DeWine announced a series of statewide drawings to help incentivize vaccinations.

Ohioans under the age of 18 who are eligible to receive a COVID-19 vaccine will be entered into a drawing for a four-year full scholarship to any of Ohio's state colleges and universities, including full tuition, room, and board.

Ohioans aged 18 and older will be entered into a weekly drawing with a prize of up to \$1 million.

A total of five weekly drawings for each prize will take place, with the first winners being announced on May 26th. Winners must have received at least one dose of a COVID-19 vaccine by the date of the respective drawing.

The drawings will be administered by the Ohio Department of Health, with technical assistance from the Ohio Lottery Commission, and will be funded through existing allocations to the Ohio Department of Health of unexpended coronavirus relief funds.

Further details and contest rules will be announced by the Ohio Department of Health and the Ohio Lottery Commission next week during a briefing to news media.

Expiration of Health Orders

Governor DeWine also announced that he has asked the Ohio Department of Health to remove most pandemic health orders on June 2nd. The timeline will allow any Ohioan who has not yet received a COVID-19 vaccine to obtain one to protect themselves and others before the lifting of coronavirus mitigation protocols.

"It is time to end the health orders. It's been a year. You've followed the protocols. You've done what we've asked. You've bravely fought this virus," said Governor DeWine. "And now, our cases are down, and we have a tested and proven weapon with the vaccine that all Ohioans 12 and over can utilize."

Measures being removed will include facial covering protocols, social distancing guidelines, and capacity restrictions for indoor and outdoor events.

Governor DeWine announced that any pandemic health orders that would remain solely relate to either 1.) nursing homes and assisted living facilities, which will also have federal safety protocols, and 2.) data collection related to the pandemic.

Covid-19 Vaccine Eligibility

Unsure if you are eligible for the vaccine? Select below to learn more.

Find COVID Vaccine Eligibility, and Book an Appointment Here!

The Hocking County Health Department is coordinating with the Ohio Department of Health to obtain Pfizer vaccine for individual's ages 12-17 in accordance with the FDA expanding Pfizer COVID-19 vaccine to include people ages 12 to 15. Clinics will be held:

May 20th from 3:00 – 7:00 PM

June 1st from 9:00 – 3:00 PM

Please give us a call to register your child at 740-385-3030

DIRECT TO YOU

Latricia Johnston, Chief Public Relations Officer



If you were to visit my home, you would walk up the sidewalk under the umbrella of two beautifully meshed pine trees that form an arch over the walk. During the holidays, it is strung full of white lights for the feeling of walking into a winter wonderland above you. But, during the remaining months it is home to many feathered friends. Recently, I paused to look up, and as anticipated, there were new melodic neighbors who had taken up residence and were preparing to raise their families here for the summer season.

While I had been going about engrossed in my own life happenings, they had been meticulously bringing in their structural

material: sticks, grass, leaves, etc., moving into the neighborhood piece by piece. It can take anywhere from 2 days for a bluebird, to 8 weeks and 10,000 twigs for an African Hammerkop to build their seasonal home. I have learned over years of bird watching you can identify a bird by their craftsmanship. Some prefer moss, some like pine needles, others just outright prefer trash including cigarette butts, garbage tossed out the window of passing cars, really just about anything for making an avian refuge.

They are very inventive builders. So much so, that some nests are very much sought after. Have you heard of “bird’s nest soup?” When I first heard about it, I pictured something with coconut and egg whites mixed together to form these cute little nests that floated so delicately on top of chilled strawberry soup. Rather the delicacy is made out of dried and hardened bird saliva. AKA bird spit. Little birds native to Southeast Asia live in caves, and people forage for their “in high demand” nests. A pound of them can bring over \$4,500. Pieces of the nest are stored in a cool and dry place before being soaked in cold water. From there, they are simmered in chicken stock, similar to egg drop soup.

As you become a more avid bird watcher, you realize the similarities and connections we have with them. The giving and taking scenario.

- With a domesticated bird such as a parrot or parakeet, if you choose to only purchase one, it will want you as a best friend forever. They need engagement as much as humans crave the friendship of others. We need each other. We need and value both our patients and staff, and see you as part of our HVCH family– without you we are not whole.
- Wild birds pollinate plants, making a big contribution to pollinating fruit trees and flower gardens. While we’re enjoying the magnificence of a hummingbird beating its wings 10-15 times per second, it’s actually benefiting us directly through moving pollen from plant to plant, used for human consumption or medicines we may provide to our patients.
- Birds transplant seeds allowing for berries, trees and other plants to sprout up where ecosystems have been destroyed or never existed. They transform the life of our earth. We as a people on the other hand, have the ability to transform the lives of others, too. When you bake that pie from those new berry bushes and share the love with a neighbor or someone who is recently home recovering from a hospital stay, you’re spreading joy and giving “life” back to someone who might otherwise be suffering from emotional or physical pains caused by the year-long pandemic.
- How many of you own a martin house? Birds are a natural pest control system. They devour mosquitos and other insects that transfer disease stopping them in their tracks. I like to compare this with gossip. When we find ourselves amongst a rumormonger, we need to be the place that the gossip plague comes to a screeching halt. How do you do that? Start by asking “why are you telling me this?” That will be the first sign you feel uncomfortable with where the discussion is headed, and you become a natural gossip control system.

We are currently in the spring migration time period in Ohio. Most of the birds will be moving our way during the night using moon and stars to help them navigate. The purpose of this is obviously a clearer more stable course. Some of our new guests such

I hope you find time to enjoy this season. Spend time with your kids or grandkids making a bird habitat, setting up a feeder station, taking photos you can repurpose into greeting cards or wall décor. Donate birdseed or bird feeders to help us replenish the feeders outside of patient windows. Remember, “It’s the little things” that really count. Even something as small as a hummingbird that weighs about 3 grams and measures in circumference about 2 inches. Don’t miss it!

-Latricia



CONGRATULATIONS

Michelle Carter from our Laboratory Department, just graduated from Hocking College on May 8th with her MLT. She will continue her career as Medical Lab Technician for the hospital.

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DONUT EATING CONTEST



1st Place: Amanda Downs-Davis

2nd Place: JC Mojzer

3rd Place: Chris Davis

[Watch the Entire Contest HERE!](#)

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May 16 – 22, 2021

NATIONAL EMS WEEK

THANK YOU HOCKING COUNTY EMS!



HOCKING VALLEY
Community Hospital



A HUGE thank you to kids in Project Safe for making cards for the nursing staff for Nurse's Week. Thank you Kirsten Carr for dropping them off. We appreciate it!!

(Beth Kluding, Kirsten Carr, Selena Ronan (ED RN), Stacey Gabriel)



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DON'T MISS OUT NEXT SATURDAY, MAY 22!

Schmidt's Sausage Truck is Back!

**Join us on Saturdays May 22; June 26 and August 7
11 am - 6 pm each day while supplies last**

Located on Lake Logan Road across from
Campbell Cove Campground

All Proceeds Benefit



HOCKING VALLEY
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FOUNDATION



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HVCF FOUNDATION SUMMER FOOD TRUCK FUNDRAISER

May 22 and 23rd - Hocking
Hills Elementary School
Parking Lot

June 19 and 20 - Lake Logan
Road across from Campbell
Cove Campground



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FOUNDATION

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SUMMER FOOD TRUCK FUNDRAISER

JAVA JANES
CAFE DIEM

July 3 - Lake Logan
Road across from
Campbell Cove
Campground



HOCKING VALLEY
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FOUNDATION

Weldon's Ice Cream!!!!

Fruit smoothies
Fried mini donuts
Coffee
Espresso



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NATIONAL LAW ENFORCEMENT APPRECIATION WEEK

May 9 - 15, 2021

Thank You to Our Law Enforcement Officers Who Keep Our Community Safe!





HOCKING VALLEY
Community Hospital

FREE SPORTS PHYSICALS

**WEDNESDAY, MAY 19, 2021
4:00 PM – 8:00 PM**

**HVCH RURAL HEALTH CLINIC
1383 W. HUNTER ST., LOGAN**

**Physicals will be offered FREE
of charge to all athletes of the
Logan-Hocking School District.**

**Masks are required and
attendance is limited to the
athlete and ONE parent or guardian.**

Before your physical, you MUST:

- 1. Set up account or update all information in Final Forms. Final Forms set up instructions are found on the Logan-Hocking Athletic website.**
- 2. Print out physical form on Final Forms and bring it with you.**

**LEADING THE WAY TO A HEALTHIER
COMMUNITY!**



Tammy's green ticket was drawn for the quarterly drawing. In addition we drew 2 more tickets for \$5.00 Cafeteria Vouchers - Congratulations to Maggie Johnston and Karcy Rush.



It's back - Yaaayyy!!!

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With the ability to host our golf outing this year - we are also able to bring back the annual 50/50 raffle. Tickets are \$10 each.

Employees may payroll deduct, by emailing
ljohnston@hvch.org.

Winner will be drawn following the June 2 golf outing.

Purchase Your Tickets Today by Clicking Below:

50/50 Raffle Tickets

MENU

MONDAY

Chili Macaroni; Chicken Fingers;
Grilled Sweet Potato Fingers;
Pretzel Cheese Bites; Brussel
Sprouts; Breadstick

TUESDAY

Mushroom Swiss Burger; Turkey
Burger; Onion Rings; Baked
Beans; Broccoli; Seasoned Carrots

WEDNESDAY

Walking Taco; Nachos-N-Cheese;
Seasoned Corn; Black Beans;
Spanish Rice

THURSDAY

Chicken Fried Steak; Macaroni and
Cheese; Mashed Potatoes and
Gravy; Cauliflower; Green Beans
with Bacon; Seasoned Succotash

FRIDAY

Tortilla Tilapia; Breaded Chicken
Breast; Seasoned Carrots; Fried
Rice; Grilled Broccoli

JOB OPENINGS

- [Ambulette Driver - Contingent/PRN](#)
- [Behavioral Health Float RN/LPN](#)
- [Computer and Network Technician \(IT II\)- Full Time](#)
- [Emergency Room Technician - Full Time, Nights](#)
- [Environmental Services Associate/Housekeeper - Contingent - Various Hours](#)
- [Environmental Services Associate/Housekeeper - Full Time, Day Shift](#)
- [Floor Technician/Janitor - Full Time, Afternoon/Evenings, Variable Hours](#)
- [HVAC Maintenance Technician- Full Time](#)
- [Licensed Practical Nurse \(LPN\) - Inpatient Services - Part Time](#)
- [Licensed Practical Nurse \(LPN\) Urgent Care - Contingent](#)
- [Mammography/CT Technologist - Full Time - Day Shift](#)
- [Patient Registration Clerk - Part Time](#)
- [Registered Nurse \(RN\) - Emergency Department - Contingent/PRN](#)
- [Registered Nurse \(RN\) - Emergency Department - Part Time - Nights Shift](#)
- [Registered Nurse \(RN\) - PRN/Contingent - Inpatient Services](#)
- [State Tested Nursing Assistant - Full Time - Day Shift](#)

Encouraging Words

from Pastor Charlene Mitchell, Hocking Hills United Methodist Church, Logan OH

But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law. Those who belong to Christ Jesus have crucified the flesh with its passions and desires. Since we live by the Spirit, let us keep in step with the Spirit.

Galatians 5:22-25 NIV



My mother can grow anything. She can take the smallest sprig from a plant or tree and coerce it into growing into a strong, healthy, vibrant version of its self. She makes it look so easy! We bought spring flowers together at a nursery a few weeks ago and her flowers look so much better than mine! “All I do is water them”, she claims...but, I know that she definitely has a gift of a green thumb. I, on the other hand, did not inherit her green genes. Often times, as I am watering my own plants I am simply praying “GROW!” over them!

The Scripture verse referenced above reminds me that while I may not have control of the outcome of my flowers blooming or my tomato plants producing fruit, I am reminded of the One who can grow greater things in my life.

Sometimes our lives resemble a weed filled garden that needs a little help. God, through the Holy Spirit, can produce in us a life that cleans us up and allows us to produce good fruit. The Holy Spirit is in constant opposition of the weed of sin that creeps into our

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hearts. The Holy Spirit produces the characteristics in our lives of love, joy, peace, patience, kindness, goodness, faithfulness and self control when we "water" ourselves in the nature of Jesus Christ. These good fruits are by products of Christ's control in our life and we can't obtain them on our own without him. If we really want good fruit to show up in our lives, we must grow in Christ, love Christ, remember Christ and be like Christ. As a result, we fulfill God's desire for us to love him and love one another.

I don't know about you, but I will want to entrust the garden of my heart to God. We can fully trust that he will produce good fruit in us if we allow him to be the Master Gardener.

"QUOTE"

**"The Best Prize that life offers is the chance to
work hard at work worth doing."**

-Theodore Roosevelt



OUR MISSION

To provide our community an unparalleled patient experience through world class service that is both compassionate and professional.

OUR VISION

To provide extraordinary care close to home now and into the future.

HVCH is a critical-access hospital located in the city of Logan, Ohio, which serves residents in Hocking and surrounding counties. With more than 325 employees, our staff is here to serve the residents and

visitors of our Hocking Valley community through various ancillary and emergency care services. HVCH is
Subscribe **Past Issues** *DNV accredited, and we offer a wide range of primary, acute, and rehabilitative services. We are pleased*

to provide 24-hour emergency services to our patients through our ER and Urgent Care. Additionally, our surgical center, rehabilitation center, physical therapy clinic, pain control and wound clinic, imaging, laboratory, cardiovascular/cardiopulmonary, sleep clinic, geriatric psychiatric, and oncology services are also available. We are proud of our facility. HVCH is affiliated with OSUWMC, improving healthcare services to the Hocking and surrounding counties in the areas of general surgery and orthopaedics. HVCH also is a part of the Ohio State Health Network.

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